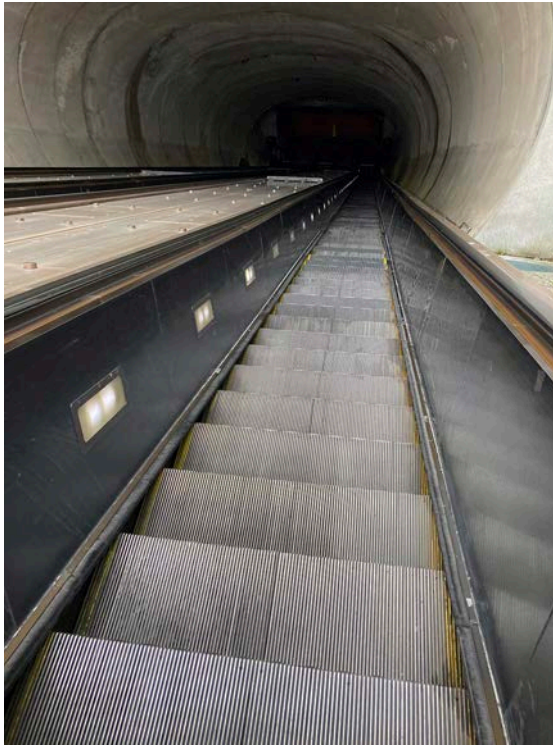


## SUBWAY TOWARDS OUR FUTURE



*A VISION OF THE FUTURE THAT LIES AHEAD. The subway is interesting. The Subway stands as a meaningful vision of the future that lies ahead. Thousands of people (of different nationalities, ideologies, creed, religion, etc.) use and pass through the subway everyday to go to various directions; united for a few minutes to take a journey together but going to their various destinations. People can miss their station if they are not focused or distracted and then they waste time, just like what happens in real life. (Photocredit: INM)*

## First Tranche of U.S. Pfizer-BioNTech Vaccines Delivered to the Philippines

MANILA — The United States welcomes the successful May 10 arrival to the Philippines of 193,050 doses of the U.S. Pfizer-BioNTech COVID-19 vaccine, one of the safest and most effective vaccines in the world.

This delivery is the first tranche of Pfizer-BioNTech COVID-19 vaccines and follows the arrival of 2,030,400 doses of the AstraZeneca vaccine on May 8, bringing total COVAX deliveries to the Philippines to 2,673,000 doses. The U.S. is by far the largest contributor to the COVAX effort, funding one in five vaccinations in the Philippines provided by the facility.

U.S. Embassy Economic Counselor Chip Gamble joined Secretary of Science and Technology Fortunato de la Peña, Cabinet Secretary Karlo Nograles, and National Action Plan Against COVID-19 Deputy Chief Implementer Vince Dizon from the Philippine government, and other stakeholders at the Ninoy Aquino International Airport to welcome the first arrival of Pfizer-BioNTech on Monday night.



U.S. and Philippine government officials welcome the arrival of 193,050 doses of the Pfizer-BioNTech-Covid vaccine to the Philippines on May 10.

"As the largest contributor to COVAX, the United States welcomes the arrival of the Pfizer-BioNTech vaccine here in the Philippines. I am proud that this extraordinarily safe and effective vaccine, developed through U.S.

scientific ingenuity, will protect Filipinos. As we fight the pandemic together, the United States will continue to support the Philippines' vaccination and COVID-19 mitigation efforts," said U.S. Embassy Chargé d'Affaires John Law.

## Miss Universe Mexico, Andrea Meza, crowned 69th Miss Universe

HOLLYWOOD, FL — Miss Universe Mexico Andrea Meza was crowned Miss Universe live on FYI™ and Telemundo on May 16th from the Seminole Hard Rock Hotel & Casino in Hollywood, Florida.

Andrea will use her year as Miss Universe to advocate for women's rights and against gender-based violence.

After a beautiful National Costume Competition, rounds of interviews, a preliminary competition and the live Finals, Andrea was crowned with the beautiful Mouawad Power of Unity Crown, presented to her by outgoing Miss Universe 2019 Zozibini Tunzi, who now holds the title for the longest-ever reigning Miss Universe.

"I am so honored to have been



selected among the 73 other amazing women I stood with tonight," said Miss Universe Andrea Meza. "It is a dream come true to wear the Miss Universe crown, and I hope to serve the world through my advocacy for equality in the year to come and beyond."

Andrea Meza, 26, is from Chihuahua City, and represented her home country, Mexico, as Miss Universe Mexico, in the 69th annual Miss Universe competition. Andrea has a degree in software engineering, and is an activist, and currently works closely with the Municipal Institute for Women, which aims to end gender-based violence. She is also a certified make-up artist and model, who is passionate about being active and living a healthy lifestyle. She is also vegan, and enjoys extreme sports in her free time, including rappelling and sand boarding. Andrea is also the official Tourism Brand Ambassador for her hometown, Chihuahua, promoting the best tourist attractions and rich culture her beautiful home offers.

## New international expert panel to address the emergence and spread of zoonotic diseases

International organizations have come together to launch a new One Health High-Level Expert Panel to improve understanding of how diseases with the potential to trigger pandemics, emerge and spread.

The panel will advise four international organizations - the Food and Agriculture Organization of the United Nations (FAO); the World Organisation for Animal Health (OIE); the United Nations Environment Programme (UNEP); and the World Health Organization (WHO) - on the development of a long-term global plan of action to avert outbreaks of diseases like H5N1 avian influenza; MERS; Ebola; Zika, and, possibly, CO-

VID-19. Three quarters of all emerging infectious diseases originate in animals. It will operate under the One Health Approach, which recognizes the links between the health of people, animals, and the environment and highlights the need for specialists in multiple sectors to address any health threats and prevent disruption to agri-food systems.

Key first steps will include systematic analyses of scientific knowledge about the factors that lead to transmission of a disease from animal to human and vice versa; development of risk assessment and surveillance frameworks; identification of capacity gaps as well as agreement on good practices to prevent

and prepare for zoonotic outbreaks.

The panel will consider the impact of human activity on the environment and wildlife habitats. Critical areas will include food production and distribution; urbanization and infrastructure development; international travel and trade; activities that lead to biodiversity loss and climate change; and those that put increased pressure on the natural resource base - all of which can lead to the emergence of zoonotic diseases.

The panel will guide development of a dynamic new research agenda and draw up evidence-based recommendations for global, regional, national and local action. - WHO

## NewsBriefs

### Paxton sues Austin Eco Bilingual School founder accused of labor trafficking

Attorney General Ken Paxton has sued Austin Eco Bilingual School, a Spanish immersion preschool, accusing founder Adriana Rodriguez of labor trafficking. The victims found themselves in a dangerously mismanaged daycare that showed total disregard for immigration, labor, and child licensing laws. The foreign-born employees were lured to Texas with promises of lawful status, a decent salary and a rewarding career, but were instead victimized by an unscrupulous employer who trafficked them for their labor.

Rodriguez, who was once named the Greater Austin Hispanic Chamber of Commerce Businesswoman of the Year, sabotaged and controlled her employees' ability to work legally in the U.S.

### Canadian sentenced for human smuggling conspiracy

A Canadian national was sentenced to 32 months in prison for conspiracy to bring undocumented immigrants to the United States for private financial gain in connection with his role in a scheme to smuggle undocumented immigrants from Sri Lanka through the Caribbean and into the United States.

Sri Kajamukam Chelliah, aka Mohan, aka Richie, 55, of Sri Lanka, pleaded guilty on Feb. 24, to conspiracy to bring aliens to the United States for private financial gain. Chelliah admitted to conspiring with others to facilitate the travel of undocumented immigrants from Sri Lanka through Haiti, Turks and Caicos Islands, and the Bahamas to the United States from on or about July 1, 2019, through on or about Oct. 10, 2019.

### Six indicted for recruiting unqualified linguists for deployment with US Armed Forces in Afghanistan

A federal grand jury in the Eastern District of Virginia returned an indictment Wednesday charging six former employees of a government contractor for their role in a conspiracy to commit wire fraud in connection with a U.S. government contract to recruit and deploy qualified linguists to Afghanistan where they would provide language services in Dari and Pashto to the U.S. military, including interacting with Afghan civilians and military forces.

According to court documents, Mezghan N. Anwari, 41, of Centerville, Virginia, Abdul Q. Latifi, 45, of Irvine, California, Mahjaba Raofi, 47, of San Diego, California, Laila Anwari, 54, of Fredericksburg, Virginia, Rafi M. Anwari, 54, of Centerville, Virginia, and Zarghona Alizai, 48, of Annandale, Virginia, were employed as linguist recruiters for the Arlington, Virginia-based government contractor, which performed subcontract services such as recruiting linguists to serve in support of U.S. military operations, pursuant to a U.S. government prime contract valued in excess of \$700 million.



## INTERNATIONAL NEWS MEDIA

AN EXCLUSIVE INTERVIEW BY **AWEI ABAYARI** WITH

# ERIC SELFORS FROM NORWAY

## "HELP ME FIND MY BIOLOGICAL PARENTS"

AWEI ABAYARI



Eric with his wife and daughter



Eric when he was a baby

**AWEI ABAYARI:** Eric, how are you? Tell us your story.

**ERIC SELFORS:** Well, I am twenty three years old, I have a daughter and a wife and we live in Norway and I am working as a carpenter now.

**AWEI ABAYARI:** You previously mentioned to me that your biological parents are from the Philippines.

**ERIC SELFORS:** Yes, they are from Iloilo. My mother is Merlie Pineda and Alfredo Caro Loriga. They went to Manila to get jobs. I was born in Manila (Manila Memorial Hospital) and then brought to Hospicio de San Jose when I was two days old because my mom could not support me. I think I have another brother. At the Hospicio de San Jose, I stayed about six months. Then I was adopted by a Norwegian couple and was brought to Norway by a social worker.

**AWEI ABAYARI:** Where did you get this information?

**ERIC SELFORS:** I have information that she left me before she gave me away. I got this from the Orphanage. My mother and father in Norway has been in contact with them for several years.

**AWEI ABAYARI:** What information did you get from your Norwegian parents about your biological parents?

**ERIC SELFORS:** I got the names and when they got married and where they are from?

**AWEI ABAYARI:** When did your biological parents get married? You know, through the information given to you that you have an older brother? What is his name?

**ERIC SELFORS:** July 30, 1976, in Iloilo City. They did not write the name of my older brother in the

papers. He was also given for adoption, I understand.

**AWEI ABAYARI:** What else did they tell you about your parents?

**ERIC SELFORS:** They maybe in Manila. My father abandoned my mother when he went to Manila to get a job. So, my mother went alone to Manila, that was before I was born.

**AWEI ABAYARI:** How old were you when you started asking questions about your biological parents?

**ERIC SELFORS:** Maybe, four or five. My Norwegian parents were very good at telling me all I wanted to know, from the very beginning.

**AWEI ABAYARI:** Tell us about your parents in Norway. Do you have brothers and sisters?

**ERIC SELFORS:** They are both teachers and they are very good people. I have one older sister.

**AWEI ABAYARI:** I understand you went home to the Philippines recently?

**ERIC SELFORS:** I only stayed one week, we did not have enough time, we visited the Hospicio and did a lot of shopping. That was my second time to visit. Up to now, I do not have information about my parents.

**AWEI ABAYARI:** Why do you want to look for your parents now?

**ERIC SELFORS:** Because, I feel something is missing from my life and I really want to make a bond with them to thank them for the good life I've got and for thinking of my future.

**AWEI ABAYARI:** If you find your biological parents, what would be your immediate plan? Do you plan to go home? Would you also help them?

**ERIC SELFORS:** Yeah, we will go home immediately to the Philippines. I will help them, no problem.

**AWEI ABAYARI:** Tell us more about yourself now, Eric. Is there a big Filipino community in Norway?

**ERIC SELFORS:** Well, I am working as a carpenter. We have a big house and a good family. The Filipino community in Norway is not very big. I am not very sure how many Filipinos are here. It is very good to live in Norway, it is a good situation for the people to live here. I only speak English and Norwegian. I learnt English in school. I am 172 cms in height, 80 kilos, brown complexion, with black hair. They say that I look like a Filipino.

**AWEI ABAYARI:** Tell us about your wife? Did she know about your past before you married her?

**ERIC SELFORS:** She is Norwegian. Yes, she knows about me being adopted. She is very excited about finding my biological parents. We just got married June this year. That is why we went to the Philippines for a week. She is Lisa. My baby's name is Mathea. My wife is blonde but my daughter looks like me.

**AWEI ABAYARI:** Tell us about Christmas in Norway. What do you like most about Norway?

**ERIC SELFORS:** A lot of snow and very cold. We have Christmas Lanterns and Christmas Tree and all the decorations. I like the people of Norway most of all.

**AWEI ABAYARI:** What is your final appeal?

**ERIC SELFORS:** To my biological parents, if you are listening now, please contact Radio Manila. Thank you very much.

**AWEI ABAYARI:** I wish and pray, Eric, that you will find your biological parents. For those who are listening to Radio Manila, and know the parents of Eric, please call us right now. This will be a most wonderful gift for Eric.

### First Letter from Eric: FINDING MY FILIPINO PARENTS !!

Hello!  
I pray to God that someone in Radio Manila can please help me ...  
I am a 23 year old Filipino, who was given up for adoption by my Filipino parents 23 years ago. Adopted by my Norwegian parents to the country Norway in Europe. Now, I am trying to find my biological parents, who were last employed in Manila (Sampaloc). They were natives of Iloilo, but moved to Manila to get work. I also have an older brother or sister who may still live in Iloilo. Mother's maiden name is Merlie L. Pineda/Penida (not quite sure about the last name)  
Father's birth name is Alfredo Caro Loriga. Is it possible for you to make a story about this?? To help me get in touch with them, or even just find out that they are ok. I don't even know if they are alive ... Please help me and my wife to find them, that is the only thing I wish for !!! We just arrived from Manila, and we regret not contacting Radio Manila before we left.

I really hope, with all of my heart for a positive response from you !!!

Love from Eric and Lisa in Norway !!

### Second letter from Eric PLEASE HELP ME FIND MY PARENTS !

I am a 23 year old Filipino, with wife and a daughter in Norway. In May 1985, I was given for adoption to Norway by my biological parents in the Philippines. I now live in Norway and have a good life here. If there are anyone that recognize the names Merlie Lazapin Penida/Pineda or Alfredo Caro Loriga, please find it in your hearts to help us find them. My mother and father are natives of Iloilo, and in 1984 they moved to Manila to get a job. My father, Alfredo, probably abandoned my mother when she was conceiving her second child (myself). They are both about 56 years old now and the last clue of my mother was an address in Manila where she worked as a house maid.

The address is : 1272 Carola St., Sampaloc, Manila but this is 23 years ago. I was born 20th of October 1984 in a hospital called Memorial Hospital in Manila, and then the 22nd October 1984 given to Hospicio de San Jose, the orphanage where I spent my first four months. My birth name was Arnold Pineda/Penida Loriga but I got a Norwegian name when I came to Norway. I also have an older sibling in the Philippines, that person is older than me and is probably adopted to Iloilo (Visayas). My parents got married 30th July 1976, also in Iloilo. I pray to God that someone can help us to find my parents and sibling because they are a big part of my heart and I wonder everyday what they look like and how they are doing. I am very grateful for my Filipino parents and hope that both of them and my sibling are doing good. If there is anyone out there, please contact Radio Manila. I'm also sending you a picture of me as a baby and one of me, Lisa and my daughter in Manila Zoo this November. You asked what happened at Hospicio, we went to tour Hospicio with Sr. Corrie Evidente, the manager of Hospicio. We had also brought some gifts for the kids. We also got to see where I had lived as a little baby.

Thank you so much again, for your help, we are very grateful for you !

Regards from Eric and Lisa.

For more interviews: [www.youtube.com/AweeAbayari](http://www.youtube.com/AweeAbayari)

## Four distinguished University of the Philippines Alumni honored in the first Alumni Awards Night

LOS ANGELES, California – Mario C. Ignacio, retired Chief Accounting Employee of the L.A. Department of Water & Power; Marlon Saria, Nurse Specialist & Nurse Scientist; Elsa Mateo Gillham, past Rotary Club District Governor; and Nenita Pambid Domingo, UCLA Philippine Studies lecturer were awarded Lifetime Distinguished Achievement Alumnus, Most Distinguished Alumnus, Leadership Recognition, and Service Recognition respectively in Explore.

Empower. Excel., the first and recently concluded Alumni Awards Night of the University of the Philippines Alumni Association of Greater Los Angeles (UPAAGLA) live-streamed last

March 27, 2021.

All four awardees attributed a great part of their achievement and success from the world-class education they got from U.P.

For Elsa Gillham, it was in living in campus dormitories, joining out-of-campus rallies, and tackling community and world issues that got her to a life of leadership. Gillham was instrumental in the forming of the Rotary Club of Historic FilipinoTown. Honor, integrity, and excellence inculcated in him in U.P. led Mario C. Ignacio to be the first Asian and first Filipino American to hold the top financial post of the largest municipal utility in the United States. Forty-three-year-



MARIO C. IGNACIO

old Marlon Saria says, his U.P. education prepared him to use his voice, to be an advocate, to be a leader, and to be of service to others. More than Philippine Studies, everything else that Nenita Pambid Domingo has learned from U.P. – love of country, perseverance, resilience



MARLON SARIA

is what she has been imparting to her students here in the U.S. Net proceeds from funds raised in the hour-long Alumni Awards Night aimed to inspire and to increase the profile of U.P. alumni in the community that featured Philippine Vice President, Leni Robredo and U.P.



ELSA MATEO GILHAM

President, Danilo Concepcion as guest speakers and Ryan Cayabyab & The Ryan Cayabyab Singers, and Robert Shroder as guest performers will be donated to the Kaagapay sa Pag-Aaral ng Mga Iskolar ng Bayan Program of U.P. Other awardees include outgoing UPAAGLA Treasurer



NENITA PAMBID DOMINGO

Virgilio Guinto and UPAAGLA Past President Alma Onrubia (deceased) both recipients of the First UPAAGLA Presidential Award. The Alumni Awards Night was made possible with the support of Paralon, Sonia Delen, Sklar Kirsh LLC, Philippine Airlines, and other generous donors.

## NASA readies its best asteroid punch

By ShareAmerica

It sounds like the plot of a Hollywood blockbuster, but it's real. NASA scientists will soon launch a mission to change the course of a distant asteroid in a test of technology that could one day save planet Earth from disaster.

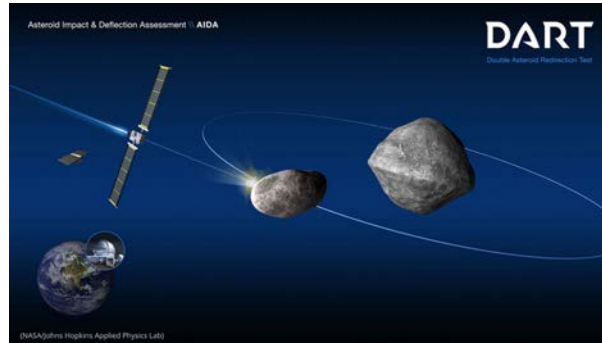
The Double Asteroid Redirection Test (DART) spaceship could launch as early as July. It will travel 11 million kilometers and slam into the smaller part of the Didymos binary asteroid system, knocking the moonlet slightly off its current path. The asteroid punch is planned for September 2022.

Shortly before impact, a shoebox-sized satellite built by NASA partners in Italy will break away from the rocket to help scientists study the asteroid's trajectory after the collision and determine if the mission is a success.

"Up until now, we haven't had too many options for what we might do if we found something that was incoming," Andy Rivkin, a member of the DART investigation team said. "DART is the first test of how we might be able to deflect something without having to resort to a nuclear package, or sitting in our basements, waiting it out, and crossing our fingers."

Didymos does not threaten Earth, but the DART mission will prepare NASA for an asteroid that might. About once a year, a car-sized asteroid slams into Earth's atmosphere but burns up before reaching the planet's surface. Larger impacts, causing significant damage, might occur once every 2,000 years, NASA says, while an object that might actually threaten civilization comes along only once every few million years.

DART's punch is expected to change the course of the Didymos moonlet, also called Didymos B, by only a fraction



A schematic of the DART mission shows the ship on a collision course with the Didymos asteroid's moonlet (NASA/Johns Hopkins Applied Physics Laboratory)



Photo credit: (State Dept/ D. Thompson)

of 1 percent. Scientists have been working for years to figure out how they will measure that change and other effects on Didymos B. Imaging technology on board DART; the Italian Space Agency's small satellite, Light Italian Cubesat for Imaging of Asteroids (LICIAcube); and telescopic observations from Earth all will help NASA observe the mission.

## U.S. AIR FORCE SOUTHERN TO LEAD U.S. SOUTHERN COMMAND'S UPCOMING EXERCISE IN GUATEMALA

The United States 12th Air Force (Air Force Southern, or AFSOUTH) will be leading U.S. Southern Command's upcoming exercise in Guatemala – this exercise will provide joint training and improve readiness of U.S. and Guatemalan civil engineers, medical professionals and support personnel in humanitarian assistance techniques from May until August 2021.

As part of the exercise, U.S. military engineers will also work side-by-side with Guatemalan military forces to renovate a training site at a Guatemalan military base in Poptún, Peten.

Additionally, U.S. military doctors, dentists, and veterinarians will work with local partners in Melchor de Mencos. A primary care team will provide basic medical services and education, a dental team will perform extractions and cleanings in rural communities, and a veterinary team will offer large animal care education and vaccinations at various locations during the exercise. The exercise will improve U.S. and Guatemalan abilities to rapidly respond to crises together.

## Thai Science Park to focus on bio-circular economy

Thailand Science Park, a flagship research and development hub in the Kingdom, will refocus its priorities on projects that advance a bio-, circular and green economy, a move that is in line with the national agenda.

"Thailand Science Park (TSP) is making four clusters its main priorities: agriculture, food, health and digital. These key sectors are imperative for the country's competitiveness," said Suwipa Wanasathop, Vice President of the National Science and Technology Development Agency (NSTDA) and Director of TSP.

Thailand has adopted a 20-year National Strategy named Thailand 4.0. designed to propel the Kingdom to a higher level of development, it supports research and development, innovation, creativity, advanced technologies and



adopting principles and practices of the circular economy, with an emphasis on green industries and bio-industries.


TSP administrators believe that by aligning with the national strategy, they can create more synergy to achieve the country's goals.

Thailand Science Park is located in the province of Pathum Thani, just north of Bangkok. The park is home to 110 firms and five national research centers, with more than 2,000 researchers employed there.

## Spanish Navy Training Ship on Goodwill Port Call in Cebu





Spanish Navy Training Ship Juan Sebastian de Elcano docked at the Cebu International Port to conduct a goodwill port call as part of the 2021 Quincentennial Commemorations of the First Circumnavigation of the World. The Elcano was on a seven-day visit to the Philippines from March 16 to 22 to retrace the original route of Portuguese explorer Ferdinand Magellan and the ship's namesake 500 years ago. (idc/PIA7)



# UPAAGLA

University of the Philippines Alumni Association  
Greater Los Angeles





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District V

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Hospital  
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dation  
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1006

**You may also contact your nearest**

**AMERICAN RED CROSS  
CATHOLIC CHARITIES  
SALVATION ARMY**

OR EMAIL US : Radiotvanchor1@gmail.com

**Thank You  
for your  
support!**



## DUTERTE: BENHAM RISE IS EXCLUSIVELY PHILIPPINE PROPERTY

MANILA-- President Rodrigo Roa Duterte recently said the Benham Rise is exclusively Philippine property, stressing he would not allow other nations to intrude in the area except for innocent passage of foreign vessels.

Benham Rise became a topic for discussion after former Senate President Juan Ponce Enrile suggested that the Philippine government exploit the area using resources from economic dealing with China.

"I have made it clear to all, to the world, that I will not allow any intrusion there. Well, of course, the right to innocent passage is everybody's privilege," President Duterte said during his weekly public address.

"But to allow anybody, even to just try to exploit or to even to look in,



President Rodrigo Duterte (Photo: Simeon Celi/Presidential Photo)

you know, I will not allow them to do that because that belongs --- Philippine Rise belongs to the Filipino people."

Enrile, who was a guest during the President's Talk to the People, suggested that whatever the country can get from China on the West Philippine Sea, it must be used to strengthen the Philippine military capability and to exploit Benham Rise.

Benham Rise is a 13 million hectare under sea region east of Luzon and is 35 meters underwater at its shallowest point off the provinces of Aurora and Isabela. In April 2012, the United Nation (UN) officially approved and recognized the claim of the Philippines in strict compliance with the requirements of the United Nations Convention on the law of the Sea (UNCLOS).

Wider than the entire Luzon, Samar, and Leyte combined, it became official part of the Philippines because it is the only country within 200 nautical miles of the plateau. UN's recognition enables the Philippines to extract abundant mineral, oil and natural gas of Benham Rise, believed to have mineral and gas deposits, providing the country with its own energy source. (PND)

## U.S. Filipino leaders thank Biden for donated vaccines at the White House rally, appeal for more

WASHINGTON, DC -- Filipino American leaders rallied recently in front of the White House to thank President Biden and the American People for delivering an initial donation of 2.5 million doses of AstraZeneca vaccines through the COVAX facility to the Philippines.

The dozen leaders also appealed to Biden to release by Memorial Day an additional 5 million doses from the excess AstraZeneca stockpile in Baltimore and in Ohio. Biden recently pledged to donate 60 million doses not being used in America to help desperate nations. They also sang the US National Anthem and the Pilipino song, Bayan Ko.

The community leaders are planning another White House rally in June with other community organizations to thank the Biden Administration after the next tranche of millions of donated vaccines arrive. During the next weeks their supporters in several states will virtually meet with the staff of US Senators and Biden administration officials to advocate for the early delivery of donated AZ vaccines.

According to the US Embassy Manila website, the Filipino people can expect another separate 42 million doses from the American funded COVAX facility. Delivery dates are still unknown.

The following leaders attended: Virginia Alinsao RN of the Philippine Nurses of America (PNA) International Affairs committee with Alvin Matium RN, Atty. Steven Raga, a Filipino American candidate for the NY City Council, Paul Inserto RN and Eric Lachica of the US Medicare Philippines, Bettina Obias of

the US Filipinos for Good Governance (USFGG) with Tina Maynigo and Ronie Nieva, Mel Alonzo of the Alliance of Women for Advancement and Reform (AWARE PH), David Borden of the Stop the Drug War, and Dr. Bambi Lorica MD pediatrician with Dr. Victor Lorica. Several gave solidarity appeals. Several sight-seers joined the group for photos including students and Filipino tourists. The thirty-minute event was live streamed on FaceBook by the USFGG

social media team with the hashtag: #VAXFORPH.

Supporters are urged to appeal to President Biden on his website: [www.whitehouse.gov/contact/](http://www.whitehouse.gov/contact/) and to their U.S. Senators on [www.senate.gov/senators/senators-contact.htm](http://www.senate.gov/senators/senators-contact.htm) to donate early the five million excess doses of AstraZeneca vaccines to the Filipino People who are facing the terrible pandemic. More than 100 Filipinos are dying per day due to COVID-19.



(USMedicarePH.org Photo by Eric Lachica)

## CYBERSPACE: STRENGTHENING COOPERATION IN PROMOTING SECURITY & STABILITY

The European External Action Service (EEAS), in cooperation with the Portuguese Presidency of the Council of the European Union and the European Union Institute for Security Studies (EUISS), held a scenario-based discussion with EU Member States and international partners on 17 May 2021. The discussion, the first of its kind, focused on how to address international security challenges related to cyberspace. All EU Member States, Australia, Canada, Japan, Mexico, New Zealand, Norway, Singapore, Republic of South Korea, Switzerland, United Kingdom and United States participated in the discussion. The aim of the scenario-based discussion was to improve the mutual understanding of the respective diplomatic approaches to prevent, discourage, deter and respond to malicious cyber activities, and to identify opportunities for further strengthening international cooperation to this end.

## IMMIGRATION UPDATE



HOSTED BY AWEЕ ABAYARI



50 YEARS OF EXPERIENCE  
IN U.S. IMMIGRATION LAW

Send your questions to: [radiotvanchor1@gmail.com](mailto:radiotvanchor1@gmail.com)  
[www.youtube.com/AweeAbayari](http://www.youtube.com/AweeAbayari)

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## INM Book Choice

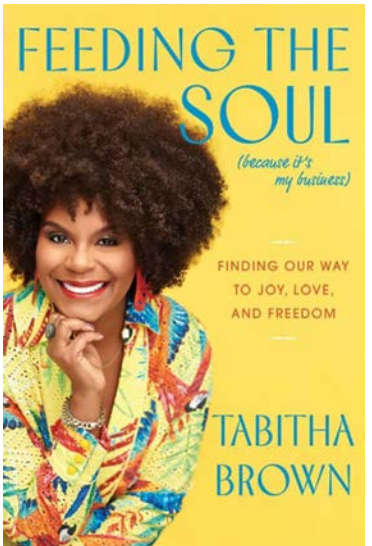
### Feeding the Soul (Because It's My Business): Finding Our Way to Joy, Love and Freedom by Tabitha Brown

Actress, vegan superstar, and "America's Mom" Tabitha Brown offers inspirational life lessons in her warm, charismatic voice.

Tabitha Brown's path to stardom was a long and winding one. For years she pursued acting while raising a family and dealing with undiagnosed chronic autoimmune pain.

Before she became vegan, her condition made her believe she wouldn't live to see forty. Now she's one of the most popular personalities in the world, with millions of followers on social media whom she inspires to live and eat well with her blend of homespun wisdom and delicious home cooking. With her relatable personality and health struggles, approachable and nonjudgmental take on plant-based living, and warm voice reflecting her Southern upbringing, Tabitha connects with readers with a good story and gentle hand. The most important lesson Tabitha shares with readers is how to make a life for themselves that is rooted in kindness and love, both for themselves and for others.

Tabitha doesn't just spout in-



spirational platitudes. She roots her lessons in stories about her own life, career, faith, and family in this down-to-earth book, all structured around Tab's catchphrases that her fans know and love Rich with personal stories and inspirational quotes, and sprinkled with a few easy vegan recipes, Feeding the Soul will be eagerly embraced by Tabitha's legion of adoring fans. Readers will return to this comforting book whenever they want to feel seen, loved, and heard—and they'll share it with family and friends, too.

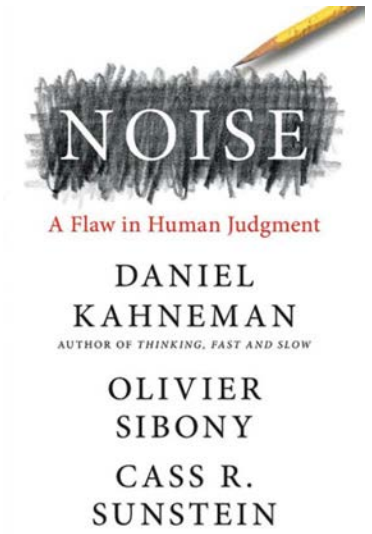
### Noise: A Flaw in Human Judgment by Daniel Kahneman, Olivier Sibony, Cass R. Sunstein

From the Nobel Prize-winning author of Thinking, Fast and Slow and the coauthor of Nudge, a revolutionary exploration of why people make bad judgments and how to make better ones—"full of novel insights, rigorous evidence, engaging writing, and practical applications" (Adam Grant).

Imagine that two doctors in the same city give different diagnoses to identical patients—or that two judges in the same courthouse give markedly different sentences to people who have committed the same crime. Suppose that different interviewers at the same firm make different decisions about indistinguishable job applicants—or that when a company is handling customer complaints, the resolution depends on who happens to answer the phone.

Now imagine that the same doctor, the same judge, the same interviewer, or the same customer service agent makes different decisions depending on whether it is morning or afternoon, or Monday rather than Wednesday. These are examples of noise: variability in judgments that should be identical.

In Noise, Daniel Kahneman, Olivier Sibony, and Cass R. Sunstein show the detrimental effects of noise in many fields, including medicine,



law, economic forecasting, forensic science, bail, child protection, strategy, performance reviews, and personnel selection. Wherever there is judgment, there is noise. Yet, most of the time, individuals and organizations alike are unaware of it. They neglect noise. With a few simple remedies, people can reduce both noise and bias, and so make far better decisions.

Packed with original ideas, and offering the same kinds of research-based insights that made Thinking, Fast and Slow and Nudge groundbreaking New York Times bestsellers, Noise explains how and why humans are so susceptible to noise in judgment—and what we can do about it.

## Common side effects of COVID-19 vaccines

Like any vaccine, COVID-19 vaccines can cause side effects, most of which are mild or moderate and go away within a few days on their own. As shown in the results of clinical trials, more serious or long-lasting side effects are possible. Vaccines are continually monitored to detect adverse events.

Reported side effects of COVID-19

### food & nutrition

#### ENCOURAGING HEALTHY EATING

The physical, mental, and emotional changes that occur as children transition from pre-school to school age and into adolescence come with diverse opportunities to support a healthy dietary pattern. It's important for parents, guardians, and caregivers of young children to know that it can take up to 10 exposures before children accept a new type of food.

Some strategies to increase food acceptance include:

- Offering vegetables in different forms, such as cooked or raw
- Cutting fruits and vegetables into small, bite-sized pieces
- Pairing fruits or vegetables with a food the child enjoys, such as yogurt or peanut butter

Since children's dietary patterns often resemble those of their household, there are multiple strategies that health professionals can share to support families.

• Shared meals — Early in childhood, shared meals have a tremendous impact on modeling healthy eating behaviors and dietary practices. Making nutrient-dense foods and beverages part of the normal household meal routine helps children observe and learn healthy behaviors that extend into adolescences and adulthood.

• Snacks — Promoting nutrient-dense foods for snacks, such as fruits and vegetables, can go a long way in shaping a child's diet. For example, carrot sticks and hummus or apple slices and peanut butter are better snack options than chips, crackers, or cookies.

• Meal decisions — Parents and caregivers can involve and guide children in age-appropriate meal decisions, as well as involve them in food shopping and cooking. When children feel more empowered in their food choices, they start to learn how to independently make healthy choices.

• Beverage selection — Decreasing consumption of sugar-sweetened beverages will help children and adolescents reduce their intake of added sugars and achieve a healthy dietary pattern. Beverages that contain no added sugars should be the primary choice. These include water and unsweetened fat-free or low-fat milk (including low-lactose or lactose-free options and fortified soy beverages). Fruit juice with no added sugars is also an option. - health.gov

vaccines have mostly been mild to moderate and have lasted no longer than a few days. Typical side effects include pain at the injection site, fever, fatigue, headache, muscle pain, chills and diarrhoea. The chances of any of these side effects occurring after vaccination differ according to the specific vaccine.

COVID-19 vaccines protect against the SARS-CoV-2 virus only, so it's still important to keep yourself healthy and well.

#### LONG-TERM SIDE EFFECTS

Side effects usually occur within the first few days of getting a vaccine. Since the first mass vaccination programme started in early December 2020, hundreds of millions of vaccine doses have been administered.

There have been concerns about

COVID-19 vaccines making people sick with COVID-19. But none of the approved vaccines contain the live virus that causes COVID-19, which means that COVID-19 vaccines cannot make you sick with COVID-19.

After vaccination, it usually takes a few weeks for the body to build immunity against SARS-CoV-2, the virus that causes COVID-19. So it's possible a person could be infected with SARS-CoV-2 just before or after vaccination and still get sick with COVID-19. This is because the vaccine has not yet had enough time to provide protection.

Experiencing side effects after getting vaccinated means the vaccine is working and your immune system is responding as it should. Vaccines are safe, and getting vaccinated will help protect you against COVID-19. - CDC

## U.S. NATURALIZATION TEST

### AMERICAN GOVERNMENT (Cont'd)



#### B: System of Government

13. Name one branch or part of the government.\*

- Congress ▪ legislative ▪ President ▪ executive ▪ the courts ▪ judicial

14. What stops one branch of government from becoming too powerful?

- checks and balances ▪ separation of powers

15. Who is in charge of the executive branch?

- the President

16. Who makes federal laws?

- Congress ▪ Senate and House (of Representatives) ▪ (U.S. or national) legislature

17. What are the two parts of the U.S. Congress?\*

- the Senate and House (of Representatives)

18. How many U.S. Senators are there?

- one hundred (100)

\* If you are 65 years old or older and have been a legal permanent resident of the United States for 20 or more years, you may study just the questions that have been marked with an asterisk.

(To be continued)

\* If you are 65 years old or older and have been a legal permanent resident of the United States for 20 or more years, you may study just the questions that have been marked with an asterisk. -- www.uscis.gov

## Public Affairs with AWEE ABAYARI



- TOPICS :**
- Public Service • Education • Culture • International Affairs • Law and Justice • Environment • Housing • Employment • Health • Social Services • Transportation • Politics • Communications, etc. •

For questions: radiotvanchor1@gmail.com • www.youtube.com/Awee Abayari



## Real Estate News

### Marc Anthony sells waterfront coral gables compound for \$22.4M

By Claudine Zap

The Grammy-winning musician Marc Anthony is also a winner in the world of real estate. He's just sold his swanky estate in Coral Gables, FL. The massive Mediterranean mansion closed for a hefty \$22,416,000. The high-flying price is 17% lower than the superstar's initial asking price of \$27 million in September 2020, but even so, the musician can walk away humming a happy tune. Anthony, whose given name is Marco Antonio Muñoz, purchased the property in 2018 for \$19 million. -- Realtor.com

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## Domestic Travel Recommendations for Fully Vaccinated People

If you are fully vaccinated, take the following steps to protect others when you travel:

#### Have You Been Fully Vaccinated?

People are considered fully vaccinated\*:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, you are NOT fully vaccinated.

#### Keep taking all precautions until you are fully vaccinated.

If you have a condition or are taking medication that weakens your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue taking all precautions.

- **During Travel**
  - o Wearing a mask over your nose and mouth is required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and

stations.

- o Follow all state and local recommendations and requirements, including mask wearing and social distancing.

- **After Travel**
  - o Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - o Follow all state and local recommendations or requirements.

You do NOT need to get tested or self-quarantine if you are fully vaccinated or have recovered from COVID-19 in the past 3 months. You should still follow all other travel recommendations.

#### Domestic Travel Recommendations for Unvaccinated People

If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:

- **Before you travel:**
  - o Get tested with a viral test 1-3 days before your trip.
- **While you are traveling:**
  - o Wear a mask over your nose and mouth. Wearing a mask is required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States

and in U.S. transportation hubs such as airports and stations.

- o Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
- o Wash your hands often or use hand sanitizer.

- **After you travel:**
  - o Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.

- Even if you test negative, stay home and self-quarantine for the full 7 days.

- If your test is positive, isolate yourself to protect others from getting infected.

- o If you don't get tested, stay home and self-quarantine for 10 days after travel.

o Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.

- o Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.

o Follow all state and local recommendations or requirements. - Source: CDC



## SCAMS AND SAFETY

### INTERNET FRAUD

Internet fraud is the use of Internet services or software with Internet access to defraud victims or to otherwise take advantage of them. Internet crime schemes steal millions of dollars each year from victims and continue to plague the Internet through various methods, which include the following:

- **Business E-Mail Compromise (BEC):** A sophisticated scam targeting businesses working with foreign suppliers and companies that regularly perform wire transfer payments. The scam is carried out by compromising legitimate business e-mail accounts through social engineering or computer intrusion techniques to conduct unauthorized transfers of funds.
- **Data Breach:** A leak or spill of data which is released from a secure location to an untrusted environment.

Data breaches can occur at the personal and corporate levels and involve sensitive, protected, or confidential information that is copied, transmitted, viewed, stolen, or used by an individual unauthorized to do so.

- **Denial of Service:** An interruption of an authorized user's access to any system or network, typically one caused with malicious intent.
- **E-Mail Account Compromise (EAC):** Similar to BEC, this scam targets the general public and professionals associated with, but not limited to, financial and lending institutions, real estate companies, and law firms. Perpetrators of EAC use compromised e-mails to request payments to fraudulent locations.
- **Malware/Scareware:** Malicious software that is intended to damage or disable computers and computer systems.

## HANG UP ON AUTO WARRANTY ROBOCALLS

by Emily Wu

Attorney, Division of Consumer and Business Education, FTC

Have you gotten a recorded phone message from "Susie" with the "Vehicle Service Department" calling about your vehicle warranty? That's, like, so retro. But fanny packs, scrunchies, and tie dye are back — and so are vehicle warranty robocalls.

It starts when you pick up a call and hear a recorded message saying something about your vehicle's manufacturer's warranty. It might say that they've sent you several notices in the mail. They say you haven't extended your warranty past the factory cut off, and they're going to close your file soon if you don't respond. And, you should press a number if you're interested in renewing your warranty, or press a different number if you want to be removed from the list.

Slam on the brakes. This is an illegal robo call and likely a scam. The companies behind this type of robo call are not with your car dealer or manufacturer, and the "extended warranty" they're trying to sell you is actually a service contract that often sells for hundreds or thousands of dollars.

- If you get one of these calls:
- Hang up. Don't engage with a company that reaches you with an illegal call.
  - Consider using an app or device to block unwanted calls.

APPLY FOR U.S. CITIZENSHIP NOW!

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## Boracay's White Beach, El Nido's Nacpan Beach among TripAdvisor's Top Beaches in Asia



Boracay

The Department of Tourism (DOT) celebrates the inclusion of Boracay's world-famous White Beach at the 12th spot and El Nido, Palawan's Nacpan Beach at 18th of the TripAdvisor Travelers' Choice 2021 Best of the Best Awards Top 25 Beaches - Asia category. "The TripAdvisor recognition is all the more heartwarming as sun and beach have always been the country's



Nacpan Beach, El Nido

best tourism products. Boracay, well known for its White Beach and El Nido, Palawan, home of Nacpan Beach, are among the first destinations we opened up," Tourism Secretary Bernadette Romulo-Puyat said. This year's TripAdvisor Travelers' Choice factored in the number of times users have 'saved' these beaches on their accounts alongside the quality and

quantity of the reviews. The world's largest travel guidance platform listed the Top Beaches category globally and split into the different regions. "Filipinos miss going to the beach. In fact, it is one of the top choices of outdoor activities now according to the recent Philippine travel survey," Puyat added.

## GRAMMY AWARD-WINNING SUPERSTAR BRUNO MARS RETURNS TO PARK MGM IN LAS VEGAS JULY 2021

LAS VEGAS -- Multi-GRAMMY Award-winning superstar Bruno Mars will mark the Entertainment Capital of the World's return to large-scale entertainment when he takes the stage over the Fourth of July weekend at Park MGM. Mars will get things started with shows July 3 and 4 at Park Theater, followed by four additional July performances.



The opportunity to relaunch our Las Vegas entertainment offerings with Bruno Mars, one of the music industry's iconic superstars, is a moment we've all been anticipating for more than a year," said George Kliavkoff, MGM Resorts' President of Entertainment & Sports. "Our guests will be thrilled to hear he is returning

to Park MGM to do what he does best – entertain with that high energy and passion that is unmatched on the stage."

## Diana: The Musical' posts earlier Broadway opening with performances now from November 2021

The Broadway transfer of *Diana: The Musical* will now reopen earlier than planned, with previews beginning in November. *Diana: The Musical* resumes at the Longacre Theatre from November 2, with an opening night on November 17.



Inspired by the life of Princess Diana, the autobiographical musical details how she became the most famous woman in the world. Married to Prince Charles, she's trapped in a loveless marriage, with the media scrutinising her every move.

*Diana: The Musical* stars Jeanna de Waal as Diana, Roe Hartrampf as Prince Charles, Erin Davie as Camilla Parker Bowles and Judy Kaye as Queen Elizabeth.

The cast is completed by Zach Adkins, Tessa Alves, Ashley Andrews,

Austen Danielle Bohmer, Holly Ann Butler, Stephen Carrasco, Richard Gatta, Lauren E.J. Hamilton, Emma Hearn, Shaye B. Hopkins, André Jordan, Gareth Keegan, Nathan Lucrezio, Tomás Matos, Chris Medlin, Laura Stracko, and Bethany Ann Tesarck.

The world premiere of *Diana: The Musical* took place at La Jolla Playhouse in San Diego from February through April 2019. In October 2021, *Diana: The Musical* will be available to stream on Netflix.

*Diana: The Musical* is at the Longacre Theatre from November 2.

## WORLD SPORTS TOURISM CONGRESS, NOV. 25-26 IN LLORET DE MAR, CATALONIA, SPAIN



The World Tourism Organization (UNWTO) and the Catalan Tourist Board (Agència Catalana de Turisme) are organizing the World Sports Tourism Congress which will take place on Nov. 25-26 in Lloret de Mar, Catalonia, Spain.

Sports tourism is one of the fastest growing sectors in tourism. More and more tourists are interested in sport activities during their trips whether sports are the main objective of travel or not. Sport events of various kinds and sizes attract tourists and can be a catalyst for tourism development.

## Gov. Newsom signs legislation to fast-track key housing, economic dev't projects in California

SAN JOSE – On May 20th, Governor Gavin Newsom signed legislation by Senate President pro Tempore Toni G. Atkins (D-San Diego) that extends expedited California Environmental Quality Act (CEQA) review for key developments and expands the streamlining process to include small-scale housing projects – boosting the state's economic recovery with the creation of more housing and good jobs.



"California's recovery from the pandemic must tackle the housing shortage that threatens our economic growth and long-term prosperity," said Governor Newsom. "Cutting red tape to save time and remove barriers to production helps us meet the urgent need for more housing while creating good jobs and preserving important environmental review. I thank Pro Tem Atkins and the Legislature's leaders on housing for their partnership in taking on this challenge."

Governor Newsom signed SB 7 at the proposed site of Google's Downtown West project, a mixed-use development in San Jose that the Governor certified for expedited CEQA review in 2019. The project will create 4,000 units of housing, with 25 percent affordable, as well as retail and office space.

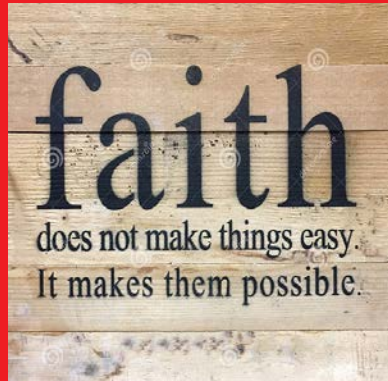
## Lessons in Good Manners



## ... Leadership Quote ...

**"Any woman who understands the problems of running a home will be nearer to understand the problems of running a country."**  
– Margaret Thatcher

## • Spiritual Moments •



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**SPACEX**  
RETURNING HUMAN SPACE TO THE UNITED STATES



## NEW BEGINNINGS

by Gertrude B. McClain

It's only the beginning now  
...a pathway yet unknown,  
At times the sound of other steps  
...sometimes we walk alone.

The best beginnings of our lives  
May sometimes end in sorrow,  
But even on our darkest days  
...the sun will shine tomorrow.

So we must do our very best  
Whatever life may bring,  
And look beyond the winter chill  
...to smell the breath of spring.

Into each life will always come  
A time to start anew,  
A new beginning for each heart  
...As fresh as morning dew.

Although the cares of life are great  
And heads are bowed so low,  
The storms of life will leave behind  
...the wonder of a rainbow.

The years will never take away  
Our chance to start anew,  
It's only the beginning now  
So dreams can still come true.