

## U.S. MARSHALS FIND 39 MISSING CHILDREN IN GEORGIA DURING ‘OPERATION NOT FORGOTTEN’

### INVESTIGATORS CHARGE INDIVIDUALS FOR SEX OFFENDER VIOLATIONS

WASHINGTON, DC - The U.S. Marshals Service Missing Child Unit, in conjunction with the agency's Southeast Regional Fugitive Task Force, the National Center for Missing and Exploited Children (NCMEC) and Georgia state and local agencies, led a two-week operation in August in Atlanta and Macon, Georgia, to rescue endangered missing children.

“Operation Not Forgotten” resulted in the rescue of 26 children, the safe location of 13 children and the arrest of nine criminal associates. Additionally, investigators cleared 26 arrest warrants and filed additional charges for alleged crimes related to sex trafficking, parental kidnapping, registered sex offender violations, drugs and weapons possession, and custodial interference. The 26 warrants cleared included 19 arrest warrants for a total of nine individuals arrested, some of whom had multiple warrants.

“The U.S. Marshals Service is fully committed to assisting federal, state, and local agencies with locating and recovering endangered missing children, in addition to their primary fugitive apprehension mission,” said Director of the Marshals Service Donald Washington. “The message to missing children and their families is that we will never stop looking for you.”

These missing children were considered to be some of the most at-risk and challenging recovery cases in the area, based on indications of high-risk factors such as victimization of child sex trafficking, child exploitation, sexual abuse, physical abuse, and medical or mental health conditions. Other children were located at the request of law enforcement to ensure their wellbeing. USMS investigators were able to confirm each

child's location in person and assure their safety and welfare.

The Justice for Victims of Trafficking Act of 2015 enhanced the U.S. Marshals' authority to assist federal, state, and local law enforcement with the recovery of missing, endangered or abducted children, regardless of whether a fugitive or sex offender was involved. The Marshals established a Missing Child Unit to oversee and manage the implementation of its enhanced authority under the act. In 2019, the USMS helped recover 295 missing children based on requests for assistance from law enforcement and has contributed to the recovery of a missing child in 75 percent of cases received. Additionally, of the missing children recovered, 66 percent were recovered within seven days of the USMS assisting with the case. Since its partnership with NCMEC began in 2005, the agency has recovered more than 1,800 missing children.

“When we track down fugitives, it's a good feeling to know that we're putting the bad guy behind bars. But that sense of accomplishment is nothing compared to finding a missing child,” said Darby Kirby, Chief of the Missing Child Unit. “It's hard to put into words what we feel when we rescue a missing child, but I can tell you that this operation has impacted every single one of us out here. We are working to protect them and get them the help they need.”

This initiative was the culmination of several months of planning and coordination between the USMS, NCMEC, Georgia Bureau of Investigation, Georgia Office of the Attorney General, Georgia Department of Family and Children Services, Georgia Department of Juvenile Justice, the Federal Bureau of Investigation and Children's Healthcare of Atlanta.

## California secures presidential major disaster declaration to support state's response to N. California wildfires



SACRAMENTO — Governor Gavin Newsom announced that the White House has approved California's request for a Presidential Major Disaster Declaration to bolster the state's emergency response to wildfires burning in Northern California and support impacted residents in Lake, Napa, San Mateo, Santa Cruz, Solano, Sonoma and Yolo counties.

“Thank you to the President for your partnership and granting this urgent Major Disaster Declaration. California is battling two of the largest fires in our history and has seen nearly 600 new fires in the last week caused by dry lightning strikes. These are unprecedented times and conditions, but California is strong — we will get through this,” said Governor Newsom.

A Presidential Major Disaster Declaration helps people in the impacted counties through eligibility for support including crisis counseling, housing and unemployment assistance and legal services. It also provides federal assistance to help state, tribal and local governments fund emergency response, recovery and protective measures.

Governor Newsom has declared a statewide emergency due to the widespread fires and extreme weather conditions and activated the State Operations Center to its highest level. California has secured Fire Management Assistance Grants from the Federal Emergency Management Agency to support the state's response to various fires burning in Santa Clara, Stanislaus, Santa Cruz, San Mateo Napa, Nevada, Lake, Solano, Yolo and Monterey counties.

## California couple in college admissions case sentenced to prison

BOSTON — Lori Loughlin and Mossimo Giannulli were sentenced to two months and five months in prison, respectively, in connection with securing the fraudulent admission of their two daughters to the University of Southern California (USC) as purported athletic recruits.

Loughlin, 56, of Los Angeles, Calif., was sentenced by U.S. District Court Judge Nathaniel M. Gorton to two months in prison, two years of supervised release during which time she must complete 100 hours of community service and ordered to pay a fine of \$150,000. Giannulli, 57, was sentenced by Judge Gorton to five months in prison, two years of supervised release during which time he must complete 250 hours of community service and ordered to pay a fine of \$250,000.

## Unsolicited package of seeds sent to Champlain CBP officer

CHAMPLAIN, N.Y. — Recently, a U.S. Customs and Border Protection (CBP) officer assigned to the Champlain Port of Entry, received an unsolicited package from China at their personal residence. The package, manifested as a Ring actually contained Mystery Seeds from China and were identical to the various seeds being shipped to numerous random residences throughout the United States.

“Unsolicited packages of seeds may contain invasive species or other materials that could harm U.S. agriculture and the environment,” said Assistant Director Sharon Swiatek, of the Buffalo Field Office. “U.S. Customs and Border Protection continues to work closely with the U.S. Department of Agriculture and other partner agencies to target, detect, intercept, and thereby prevent the entry of these potential threats before they have a chance to do any harm.”

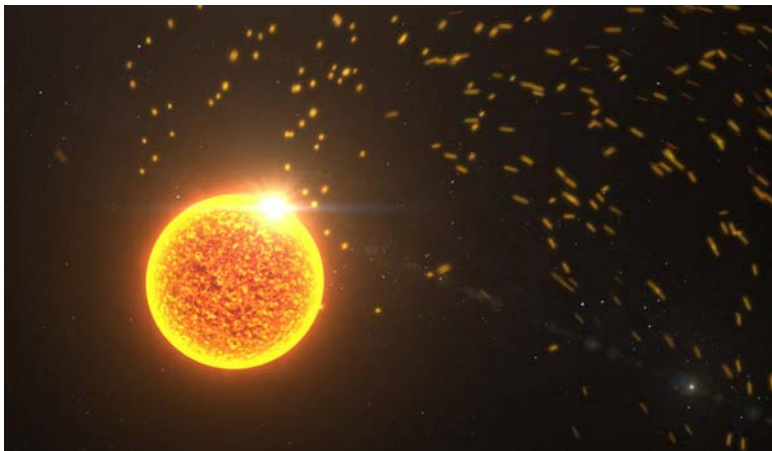
Should a member of the public receive a package of mystery seeds, please send the package to the following address:

USDA APHIS PPQ  
Attn: Erich Glasgow  
230-59 Int'l Airport Center Blvd  
Suite 100, Room 109, Bldg. C  
Jamaica, N.Y. 11413

The U.S Department of Agriculture released the following guidance to the public:

USDA urges anyone who receives an unsolicited package of seeds to immediately contact their State plant regulatory official or APHIS State plant health director. Please hold onto the seeds and packaging, including the mailing label, until someone from your State department of agriculture or APHIS contacts you with further instructions. Do not plant seeds from unknown origins.

### NASA Selects Proposals for New Space Environment Missions



The Sun sends out a constant stream of particles and energy, which drives a complex space weather system near Earth and can affect spacecraft and astronauts. NASA has chosen five new mission concept studies for further development to study various aspects of this dynamic system. (Photo Credit: NASA)

### • special in this issue •

**2 UP DILIMAN CLASS OF 2020 HOLDS FIRST VIRTUAL GRADUATION CEREMONY.** The University of the Philippines Diliman on Sunday, July 26, 2020, held the very first virtual commencement exercises in the constituent university's (CU) history. The event, titled “109th Pangkalahatang Pagtatapos”, was live streamed via UP Diliman's official website, reaching the homes of its 3,789 graduates and their families.

**3 AWEE ABAYARI INTERVIEWS THI PHAN.** A business degree graduate, with extensive banking experience, and a working mom, Thi Phan is a woman of strength and courage, gentle and kind with a great passion to serve. She shares her childhood memories in Viet Nam, the lessons and wisdom she learned from her father, her passions and inspirations, and how she overcame the challenges of finding employment in the United States.

**4 AN EXCLUSIVE INTERVIEW BY AWEE ABAYARI WITH CARLOS PUENTE, PhD.** In an exclusive interview with Awee Abayari, Carlos Puente, PhD., an international lawyer, economist, political analyst, book author, and university professor, shares his observations, opinions and insights on how the Covid-19 pandemic has impacted the global economy especially the United States and European countries.

**6 THE DEPARTMENT OF REAL ESTATE (DRE) ISSUES CONSUMER ALERT.** With the economy and consumers feeling the effects of the unprecedented measures being taken to slow the spread of the coronavirus (COVID-19), the Department of Real Estate (DRE) would like to issue a warning to consumers in potentially vulnerable financial situations.

**7 PALAWAN RECLAIMS “BEST ISLAND IN THE WORLD” CITATION.** Renowned travel publication Travel + Leisure hailed Palawan as the Best Island in the World. This year's World's Best Awards survey closed on March 2, just before widespread stay-at-home orders were implemented as a result of COVID-19. Hence, results reflect the experiences of Travel + Leisure readers before the pandemic.

### Message from Secretary of State MICHAEL POMPEO



On behalf of the Government of the United States of America, I send congratulations to the people of Vietnam as you celebrate your National Day.

In 2020, we commemorate the 25th anniversary of the establishment of U.S.-Vietnam diplomatic relations. The remarkable transformation of our relationship, across trade and investment, security cooperation, and people-to-people ties, is a testament to those who worked to overcome the past and build a better future for both our peoples. We celebrate the recently signed agreement that will bring Peace Corps volunteers to Vietnam for the first time ever, a significant and symbolic milestone in this historic year for our two countries.

We commend Vietnam for its successful Chairmanship of ASEAN in this challenging year, and we appreciate your close coordination in the fight against COVID-19. As we work together to build a more peaceful and prosperous Indo-Pacific region, I extend best wishes to the people of Vietnam.

## FTC sues California marketer of \$23,000 COVID-19 “Treatment” plan



The Federal Trade Commission charged a California-based company called Golden Sunrise Nutraceutical, Inc. with deceptively advertising a \$23,000 treatment plan as a scientifically proven way to treat COVID-19, the disease caused by coronavirus.

According to the FTC's complaint, Golden Sunrise began marketing its Emergency D-Virus plan as a treatment for COVID-19 in March 2020. Advertising on billboards, their websites, and social media, Golden Sunrise falsely claims that the company's supplements—ImunStem, Aktiff-vate, and AnterFeerons—are “uniquely qualified to treat and modify the course of the Coronavirus epidemic in CHINA and other countries,” and that users can expect the “disappearance of viral symptoms within two to four days,” the FTC alleged.

The FTC also alleges that the defendants falsely claim their products and treatment plans have been reviewed and accepted by the FDA, and designated safe and effective.



## WTO report: The impact of COVID-19 trade disruptions on women

Women are likely to be harder hit than men by trade disruptions caused by the COVID-19 pandemic and the dangers are particularly acute in developing countries according to a new information note from the WTO Secretariat. The paper points to how governments' policy responses could address gender-specific effects of the crisis.

Women make up a larger share of the workforce in the manufacturing sectors, such as textiles, apparel, footwear and telecommunication products, that have seen the largest falls in export growth during the first months of the pandemic, the paper notes. In the services sector, women also outnumber men in industries that have been directly affected by travel restrictions.

The paper further notes that women are disproportionately present in the informal sector in developing and least-developed countries and in activities that cannot be done remotely. It also highlights how the existing gender gap in terms of income, education, information technology skills, access to finance, and child-



WORLD TRADE ORGANIZATION



care responsibilities put women at a further disadvantage during the pandemic.

Maintaining open markets during the recovery period is key to building faster and more inclusive growth, the information note states, adding that this should be complemented by appropriate labour and education policies as well as legal and social reforms to support women workers, consumers and traders. *WTO*

## UP Diliman Class of 2020 told to "lead through accompaniment" in virtual graduation ceremony

Written by ANDRE DP ENCARNACION



Screenshot of UP Diliman's "109th Pangkalahatang Pagtatapos", live streamed via UP Diliman's official website. Replay can be viewed at the UP Diliman YouTube channel.



UP President Danilo L. Concepcion (left) and UP Diliman Chancellor Fidel Nemenzo (right) underneath recognizing the graduates of 2020.

The University of the Philippines Diliman community was up early on Sunday, July 26, 2020, to witness the very first virtual commencement exercises in the constituent university's (CU) history. The event, formally titled "109th Pangkalahatang Pagtatapos", was live streamed via UP Diliman's official website at 7:00 AM in the morning, reaching the homes of its 3,789 graduates and their families.

The UP Diliman Class of 2020 was led by 28 summa cum laudes, who graduated with a weighted average grade (WAG) of 1.20 or higher. Alongside them were 302 who earned magna cum laudes (WAG 1.40 or higher), and 683 cum laudes (WAG 1.75 or higher). Those who attended virtually got to know UP Diliman's summa cum laude graduates better, as the program included their observations and reflections on their achievements amidst the backdrop of the COVID-19 pandemic.

"Maglingkod, Magmalasakit, Maningigdan" was the theme of Diliman's 109th commencement exercises. With this theme the graduating class was called upon to "serve the country with empathy and conviction so that excellence, rights, and justice might prevail". Of the students who were conferred their degrees, 2,892 received baccalaureate degrees, while 897 received either diploma, master's, or doctoral degrees.

This year's commencement speaker was former UP Diliman Chancellor and UP Professor Emeritus for Anthropology, Michael Lim Tan. The focus of his graduation speech concerned what he called the "art of accompaniment", which he said he imbibed from Pope Francis' 2013 apostolic exhortation, *Evangelii Gaudium*. It was described, Tan said, as the respect that involves "removing our sandals before the sacred ground of the Other".

"We are a culture of accompaniment," Tan explained, citing the prevalence of the prefix 'ka-' in Filipino languages, which is used to create nouns of inclusion and accompanied action. Drawing evidence from UP's recent initiatives during the COVID-19 period, Tan praised both UP Diliman and the UP System for displaying "accompaniment" via its efforts to assist front liners, stranded students and staff, and other members of the UP community, citing efforts like the recent



Members of Class 2020 shift their sablay to signify the change in their status from 'student' to 'alumnus and alumna'.

#KaagapayUP project. "Andito kami is becoming andito tayo," said Tan.

The last few months, according to Tan, revealed the difference that a leadership based on accompaniment made when struggling against the pandemic, mentioning New Zealand's Jacinda Ardern as one example. "Rushing to the scenes of disaster to comfort people, to share their grief. To explain—that is so lacking in the Philippines. To give options when needed and then to speak out when needed with a firm resolve to bring justice."

Tan said he believed that the Philippines, too, has such leaders-in-the-making, and soon it would hopefully be their time to be recognized. "Don't let your diplomas, don't let your new positions get into your heads," he advised the graduating class. "Leadership by accompaniment means you do not go off on your own for people to follow you. Accompaniment is being at one's side and sometimes being behind them, watching their backs."

Deans and heads of the 27 degree granting units of UP Diliman presented their respective graduates to the current Chancellor, Dr. Fidel Nemenzo, who in turn presented them to UP President Danilo L. Concepcion for the official conferment of their degrees. The ceremonial shifting of the sablay was also done virtually, signaling the graduating class' official status as alumni of the University of the Philippines.

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The backdrop of the commencement exercises is the Dalunduyan, a triptych of arches depicting portals created by artist and UPD faculty Toym Imao. The title of the work is said to be a portmanteau of three words: 'daluyan' (channel or portal), 'lunduyan' (center) and 'duyan' (cradle). It will remain in Quezon Hall until December, marking the duration of the University's lockdown due to the pandemic. Finally, the "UP Naming Mahal" was performed by the UP Symphony Orchestra (UPSO) to close the ceremonies.

## Appeal for Donations HOSPICIO DE SAN JOSE

Since its foundation in 1810, Hospicio de San Jose has stood as a beacon of hope and succor for persons in poverty situations. It is the first charitable institution in the Philippines, a forerunner of social work and have been an exemplar of compassion and charity, demonstrating the Filipino people's boundless capacity for extending a helping hand to those in need.



It has been managed by the Daughters of Charity of St. Vincent de Paul since 1865.

In 2017, Hospicio has launched to better the lives of the people under their care and to achieve financial and food sustainability:

- Sponsorship of a child or an elderly: A donation of \$100, on a monthly basis can already provide education, food, etc. to a child and medicines and food to a special child or elderly, psycho-therapy and healing sessions for the abused children. The sponsor may choose a particular category he/she wishes to provide for.
- Sponsor a house for a homeless family. Hospicio has finished 10 housing units which have been occupied and have 24 units more waiting for sponsors.

- Food Sustainability: through organic hog-raising, organic vegetable gardening, chickens, ducks, turkeys, goats (all in Bulacan property).
- A Multi-purpose pavilion for the Street People – to provide a place for the feeding, formation sessions and emergency "night shelter" for the homeless.
- A Livelihood and Skills Training Center which will provide short courses in Baking, Cooking, Housekeeping and other skills to equip the unemployed heads of families, especially women, with skills for income generation activities.

For the readers whose hearts have been touched by our appeal and desires to sponsor a particular project, you may contact us through this email address: mspg.evidente@gmail.com or call (063-2-7342366)

Sr. Maria Socorro Pilar G. Evidente, DC  
Administrator  
Hospicio de San Jose  
Ayala Bridge, Manila  
Philippines



Sr. Maria Socorro Pilar G. Evidente, DC

## IMMIGRATION UPDATE



HOSTED BY AWE E ABAYARI



50 YEARS OF EXPERIENCE  
IN U.S. IMMIGRATION LAW

Send your questions to: radiotvanchor1@gmail.com  
www.youtube.com/Awee Abayari



INTERNATIONAL NEWS MEDIA

## The Salvation Army Receives a \$360,000 Grant from Truist

ALEXANDRIA, Virginia – With historic unemployment, eviction moratoriums potentially coming to a close and food insecurity continuing to affect millions of Americans every day, Truist Financial Corporation, as part of its Truist Cares initiative\*, is supporting feeding, sheltering, education and other programs for individuals, families and seniors who are especially vulnerable to the health and economic impacts of COVID-19 by providing a \$360,000 grant to The Salvation Army across the country.

The Salvation Army has provided increased assistance since the first days of the COVID-19 outbreak. As of August 21, the organization has distributed more than 75-million meals in response to the pandemic, which includes 10-million ready meals and more than 3-million food boxes containing 20 meals each. In addition to food services, The Salvation

Army has provided 1.5-million nights of shelter, 191,986 infant supplies, 417,776 hygiene kits, 1.48-million personal protective equipment items, and emotional and spiritual care to 813,436 people.

The Truist Cares grant will be used to serve vulnerable individuals, families and senior communities in: Alabama, Arkansas, Florida, Georgia, Kentucky, Indiana, Maryland, Mississippi, New Jersey, North Carolina, Ohio, Pennsylvania, South Carolina, Tennessee, Texas, Virginia, West Virginia and Washington, DC.

**An example of how The Salvation Army helps those affected by COVID-19:**

Alicia, a full-time candy store employee and mother of four from York, Pennsylvania, had her hours cut drastically when COVID-19 struck, and then she fell \$2,000 behind on her rent. With no other options left, Alicia turned to



The Salvation Army. She received \$1,000 to help with rent, and she was able to pay the other \$1,000 herself. The Salvation Army also helped her with food assistance.

Alicia is now back to work full-time and is continuing to work with The Salvation Army to earn her GED and high school diploma.





### An Exclusive Interview by AWEE ABAYARI with THI PHAN

Business Degree Graduate • Extensive Banking Experience • Working Mom

*“A woman of strength and courage, gentle  
and kind with a great passion to serve.”*

For more of the interview: [www.youtube.com/ Awee Abayari](http://www.youtube.com/AweeAbayari)

“I am at best when I can provide a solution to someone in need.” - THI PHAN



Son Doong Cave: it is awarded as the biggest natural cave in the world.

**AWEE ABAYARI:** Tell us about yourself and your family.

**THI PHAN:** I was born in a small town in the center of Vietnam. It has a beautiful beach with a very tropical weather. My parents were hardworking and took care of the needs of the entire family. At a young age, my three siblings and I would ride the bikes from home early in the morning and go to the beach to swim. Like all the other kids, nobody taught me how to swim but I did it using my own natural style.

**AWEE ABAYARI:** Describe your childhood.

**THI PHAN:** My childhood was very memorable. Instead of being glued to electronic devices, I hang out with the kids in the neighborhood and played games like jump rope, hide and seek, freeze tag, hopscotch, Blindman's bluff, etc. The best was summertime staying at my aunt's house for months. She lived in the remote mountain village in the Centre of Vietnam. It was a farming community and there was no electricity. I woke up early at 5 a.m. every morning and went to farm with the family. After work, everybody took the cows/buffaloes to the creek and washed them while they were drinking fresh water. At night, under the moon, the central ground of the village was full of kids playing together, laughing and screaming. Without the moon, the village was so silent and dark with only oil lamps in each household.

**AWEE ABAYARI:** What are the most important teachings you remember that influenced your adult life?

**THI PHAN:** My father proudly shared with me and my siblings how he built our house. He taught me about hard work, to be mentally strong with love and passion to overcome challenges in life.

**AWEE ABAYARI:** How beautiful is Vietnam and what are the “must-see places” for visiting tourists?

**THI PHAN:** Vietnam is a beautiful country in the tropical Southeast Asia in the shape of the letter “S”. The mountain rises over most of western side of Vietnam while a thousand mile coastline dominates the east. Vietnam is a privileged creation of Mother Nature with diverse cuisine and cultural richness. In 2019, Vietnam was voted by the world-famous travel magazine Conde Nast Traveler as one of the ten most beautiful countries in the world.

I'd love to highly recommend the following “must see places”:

- Rice paddy field in the mountainous Northern Vietnam (picture): Rice is a staple food of the Vietnamese people. With the unique terrace in Northern Vietnam, the rice paddy field in mid Sep offers a stunningly bright greenish yellow landscape.

- Son Doong Cave: it is awarded as the biggest natural cave in the world (picture).

**AWEE ABAYARI:** Why did you come to the United States? Your first impression?

**THI PHAN:** I came to the United States together with my husband and two kids for the purpose of reuniting with my husband's family. I was impressed with the very developed infrastructure system of the United States. I came to settle down in Virginia with my family. My first days were like vacation to me. I was completely surprised as I enjoyed the sight of a natural landscape with many trees, beautiful green grass and pink blossoms even from my very own living room.

**AWEE ABAYARI:** What do you like most about Vietnam and the United States and why?

**THI PHAN:** In Vietnam, I like the food most because it is diverse and healthy. It is also easy to buy street food which



Thi in Ao Dai (long dress).



Pho Vietnam, the signature dish.



Rice paddy fields in the mountainous Northern Vietnam. (Photos by Tran Qui Thinh)



makes life more convenient. In the U.S, I like the weather with its four seasons so I can enjoy the beauty of every season change. In the summer, the sun sets late until almost 8 or 9 pm and it is the best season for longer family bonding time.

**AWEE ABAYARI:** What is your passion in life and your future goals?

**THI PHAN:** My passion is talking and listening to people. I am at best when I can provide a solution to someone in need. For the future, I see myself as a trusted financial advisor and trade corridor champion between the U.S and Vietnam/other Asian countries.

**AWEE ABAYARI:** Who is your favorite role model and why?

**THI PHAN:** Elizabeth McCord, the main character in the American television series, Madam Secretary. Through her, I see the life of a successful and a happy woman both personally and professionally: charming, gentle, good-natured, trustworthy, intelligent, sharp and with strong leadership qualities.

**AWEE ABAYARI:** What inspires you and why?

**THI PHAN:** My mother plays a very important role in inspiring me the way she takes care of our family. I am different from my mother because I am a workaholic. She is a real housewife and she loves cooking so much. But because of her, I am a Chef now in my own kitchen.

**AWEE ABAYARI:** What do you miss most about Vietnam?

**THI PHAN:** I really miss hanging out with my friends and co-workers after work which is a great stress reliever.

**AWEE ABAYARI:** What is your philosophy in life?

**THI PHAN:** “Whatever a man sows, he shall reap.”

**AWEE ABAYARI:** What is your advice to the young people of today like you?

**THI PHAN:** In Vietnam, there is a proverb that says the

“sins of the fathers are visited upon the children.” My advice: Think twice before you act.

**AWEE ABAYARI:** Can you share one of your favorite and most popular Vietnamese recipes?

**THI PHAN:** Pho Vietnam is the signature dish. You can find it is amazingly easy to cook at home to serve yourself and family. Below is my recipe with instant pot for saving time and energy.

**Ingredients:** Banh Pho Noodle; Beef Brisket (2lbs), ox-tail (1lbs); spices (cinnamon, star anise, cardamom, coriander); Onion, Ginger, Salt, Rock sugar, pepper; herb dish on the side (bean sprout, Thai basil, lime, chilli, hoisin sauce, sriracha).

(i) Toast Ginger and Onion in an Instant pot by pressing “Saute”, then add water and beef + salt, rock sugar together. Press the button “broth soup” for cooking within 14 min.

(ii) Toast spices in a hot pan within 5m.

(iii) After the Instant Pot is released pressure completely, transfer it into the large bowl with the spices for 10-15m. Finally re-seasoning the soup broth subject to your taste.

**AWEE ABAYARI:** What was your biggest challenge in life and how were you able to overcome it?

**THI PHAN:** Finding a job in the U.S was really the biggest challenge in my life because even after having worked with more than 10 years of banking experience, I found myself starting all over again in the United States, a country with a completely different culture, language and work environment. I received many refusal letters from employers for my on-line applications. So, I changed my strategy and tried applying personally. This proved successful for me because I am better at interpersonal skills. Now, I am happy to have found my dream job.

**AWEE ABAYARI:** Thank you. I wish you all the best.

## VIET NAM EMBASSY IN WASHINGTON D.C CELEBRATES 25 YEARS OF VIET NAM-US DIPLOMATIC RELATIONS



Viet Nam Deputy Prime Minister, Foreign Minister Pham Binh Minh



US Congressman Ted Yoho (R-Florida)

On July 28, Viet Nam Embassy in Washington D.C organized a virtual ceremony chaired by Vietnamese Ambassador to the United States Ha Kim Ngoc to commemorate the 25th anniversary of Viet Nam - US diplomatic ties. U.S. Deputy Secretary of State Stephen Biegun, Senator Patrick Leahy (D-Vermont), Congressman Ted Yoho (R-Florida) were the Guests of Honor at the ceremony. Nearly 200 representatives from the US Administration, Congress, think-tanks, business community, NGOs, veteran, the National League of POW/MIA Families, and Vice President of the World Bank, ASEAN Ambassadors and Charge d'affaires, American and international friends and Vietnamese compatriots who have made tremendous contributions to Viet Nam – U.S. relations attended the event.

The virtual celebration hosted by the Embassy of Viet Nam in the United States marks one of the major events in a series of activities celebrating the 25th anniversary of Viet Nam – U.S. diplomatic relations. - Embassy of the Socialist Republic of Vietnam in the U.S.A.

## Welcome back, Austrian Airlines

Austrian Airlines resumed flights to the United States on July 1, 2020, after a coronavirus-mandated interruption. Austria's flagship carrier now (re-) connects Vienna with Chicago, New York (Newark), and Washington, DC (Dulles) three times a week.

After a break of more than 100 days one of the first regular long-haul flights operated by Austrian Airlines took off from Vienna on July 1, 2020, at 10:33 am as flight OS 89. The Boeing 767 with the registration OE-LAX landed on time at Newark Airport in New Jersey at around 1:45 pm, followed by flights OS 65 landing in Chicago, and OS 93 in Washington Dulles.

Prospective travelers are advised to check with the airline regarding the details at [www.austrian.com](http://www.austrian.com).

In addition, please be mindful of current restrictions affecting travel between Austria and the United States.





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**RETURNING  
HUMAN SPACE  
TO THE  
UNITED STATES**



## Trump brokers historic Israel-UAE deal for peace and prosperity

President Donald Trump has brokered a historic deal between Israel and the United Arab Emirates, normalizing relations between the two countries and laying a foundation for peace in the Middle East.

"Our vision is one of peace, security, and prosperity — in this region, and in the world," Trump said in an August 13 statement announcing the agreement, the first of its kind in more than 25 years.

Under the agreement, the UAE and Israel will cooperate in fields including education, health care, energy, trade and security. The countries will exchange ambassadors, establish embassies, and open direct flights, allowing pilgrims from throughout the Muslim world to visit holy sites in Israel.

Trump worked with the parties to identify shared interests and opportunities, the White

House said.

In a joint statement, Trump, Israeli Prime Minister Benjamin Netanyahu and Crown Prince of the Emirate of Abu Dhabi Mohamed Bin Zayed say they are confident similar breakthroughs between Middle East nations are possible and will work to achieve that goal.

"Opening direct ties between two of the Middle East's most dynamic societies and advanced economies will transform the region by spurring economic growth, enhancing technological innovation, and forging closer people-to-people relations," the leaders say.

The landmark deal comes after the White House in June 2019 unveiled a \$50 billion "Peace to Prosperity" plan to create jobs for the Palestinian people and promote investment in the region.

U.S. officials say the new agreement is

the most significant step toward peace in the Middle East in two and a half decades, and that those similar past efforts have had major impacts. The UAE is the third Arab country to establish diplomatic relations with Israel, after Egypt in 1978 and Jordan in 1994.

U.S. Secretary of State Michael R. Pompeo said that Israel's peace treaties with Egypt and Jordan have not yet fulfilled their potential, but called economic growth in those two countries "an unmistakable dividend of peace."

The normalizing of relations between the UAE and Israel holds promise for the entire Middle East, he added.

"This is a remarkable achievement for two of the world's most forward-leaning, technologically advanced states, and reflects their shared regional vision of an economically integrated region," Pompeo said. - ShareAmerica



President Trump on August 13 at the White House announces a historic agreement between the United Arab Emirates and Israel to normalize relations and advance peace in the Middle East. (© Andrew Harnik/AP Images)

### Meet Dr. Paul S. Hsu, Chairman of the President's Advisory Commission on Asian Americans and Pacific Islanders

We are honored to have Dr. Paul S. Hsu, Ph.D., serve as Chair of the President's Advisory Commission on Asian Americans and Pacific Islanders (PAC-AAPI). The PAC-AAPI provides advice to the President,

through the Secretary of Commerce and the Secretary of Transportation, who serve as Co-Chairs of the Initiative. Together with the Initiative, the Commission works to broaden access by AAPI employers and communities to economic resources and opportunities. Additionally, the Commission works to advance relevant evidence-based research, data collection, and analysis for AAPI populations, subpopulations, and businesses.

"President Trump has clearly outlined in his Executive Order our mission is to improve the lives of all AAPIs and their communities, which will always be our guiding principle and our roadmap. That is exactly why we are here today," said Dr. Hsu.

An engineer, entrepreneur, business leader, author and public servant, Dr. Hsu is a first generation immigrant who came to America in 1976. Dr. Hsu founded Manufacturing Technology, Inc. (MTI) in 1984, serving the DoD in avionics and battlefield electronics. Following MTI, he built three successful businesses - Total Parts Plus, Inc., ActiGraph, LLC, and Crestview Technology Air Park. Currently, Dr. Hsu serves as National Chairman for the International Leadership Foundation, an organization bringing young Asian American leaders to Washington, D.C. for summer internships. As Founder and Chairman of HSU Educational Foundation Inc., Dr. Hsu's vision has inspired establishment of HSU Innovation Institutes of learning, hosting business to student initiatives that inspire and prepare tomorrow's workforce with high demand skills. Since 2014, Dr. Hsu holds a Sr. Research Fellow position in the Harvard University Asia Center. In 2014, Dr. Hsu authored and published Guardians of the Dream, The Enduring Legacy of America's Immigrants.



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**INM**  
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An Exclusive Interview by **AWEE ABAYARI** with **CARLOS PUENTE, PhD**

International Lawyer • Economist and Political Analyst • Book Author and University Professor

For more of the interview: [www.youtube.com/AweeAbayari](http://www.youtube.com/AweeAbayari)

**AWEE ABAYARI:** What is the current economic situation in Europe?

**CARLOS PUENTE, PhD:** There are huge differences among the EU countries but all Member States are suffering from an important drop in its GDP. The country most affected by the crisis is Spain which GDP will probably drop by 18 % and the unemployment rate by 20 %. The United Kingdom is also seriously affected not only by the pandemic but because of Brexit as well. Its GDP drop will reach similar data of Spain.

**AWEE ABAYARI:** What is the EU doing to support the economy?

**CARLOS PUENTE, PhD:** In the recent European Council Meeting held on 17, 18, 19, 20 and 21 July 2020.

The European Union adopted the following financial support: The amounts for individual programs shall be as follows:

- Recovery and Resilience Facility EUR 672.5 billion of which loans EUR 360 billion of which grants EUR 312.5 billion
- React EU: EUR 47.5 billion
- Horizon Europe: EUR 5 billion
- InvestEU: EUR 5.6 billion
- Rural Development: EUR 7.5 billion
- Just Transition Fund: EUR 10 billion
- RescEU: EUR 1.9 billion
- Total: EUR 750 billion

According to the European Union information: The draft European Council Conclusions of February 2020 is the basis for the global compromise. The overall amount for commitments is EUR 1,074.3 billion. This figure is somewhat lower than the one in February. This has to be seen against the background of the ambitious European recovery effort outlined previously.

**AWEE ABAYARI:** How do you see the economic situation in the United States and how would you compare it with what is happening in Europe?

**CARLOS PUENTE, PhD:** The pandemic will seriously affect the US and the EU economies but in the EU it will be more shocking because of the great contrast with the reduction of unemployment rate during the previous months and job creation will be blocked. The trend of both economies is unpredictable although economists expect to recover previous levels within the period 2020-2022. Besides, the economic crisis will also affect the presidential elections in the USA as well because of the recent riots of anti system protesters.

**AWEE ABAYARI:** What is the impact of Coronavirus on the global economy?

**CARLOS PUENTE, PhD:** It is a very difficult question to answer because developed countries will resume economic activities more vigorously than other countries. Among developed countries the Chinese economy will overcome the crisis at a lower cost than Western economies.

**AWEE ABAYARI:** How would you compare this situation with what happened during the Great Depression? During the Spanish Flu? Similarities? Differences? What solutions were taken and how can we learn from them?

**CARLOS PUENTE, PhD:** The Great Depression was a financial crisis but currently we are suffering an economic crisis caused by the pandemic, a health problem spread around the World simultaneously. The closest example could be the so called "Spanish flu" which in fact was brought to Europe by infected American soldiers. The question is to know if a recession will arrive afterwards.

The so called Spanish flu caused a huge number of infected people, around 500 million around the World and more than 40 million dead. It was the deadly pandemic in the 20th Century and the Covid 19 is the deadly pandemic in 21st Century. The origins of both were unknown during some time. The Spanish flu disappeared itself after 3 mortal waves. Till now we already have 2 waves of Covid 19.

**AWEE ABAYARI:** What economic policy actions have Europe taken to address this crisis and how effective have they been and why?

**CARLOS PUENTE, PhD:** The Conclusions of the European Council Meeting held on 17, 18, 19, 20 and 21 July 2020 provided the guidelines for the Multiannual Financial Framework:

Single Market, Innovation and Digital Large Scale Projects

Horizon Europe: Research, development and innovation

The InvestEU Fund will act as a single EU investment support mechanism for internal action, replacing all existing financial instruments. Its overall objective is to support the policy objectives of the Union by mobilizing public and private investment within the EU

Connecting Europe Facility: the Union needs an up-to-date, high-performance infrastructure to help connect and integrate the Union and all its regions, in the transport, energy and digital sectors. Those connections are key for the free movement of persons, goods, capital and services

**AWEE ABAYARI:** What additional measures do you suggest countries should take to improve their economic situations?

**CARLOS PUENTE, PhD:** In my opinion there is a lack of coordination in the main sectors to remove barriers for business and job creation. The European Union is very bureaucratic and uses a jargon not easily understandable by entrepreneurs and citizens.

Besides, it is necessary to implement an ex post mechanism to control the appropriated investment of funds. It is necessary to deal with the pandemic and the economy simultaneously.

**AWEE ABAYARI:** What would be the greatest mistake that could lead to a more serious economic collapse? What should be done to avoid this?

**CARLOS PUENTE, PhD:** Most governments have turned a blind eye to face the pandemic and to solve the economic consequences. Decisions were frequently contradictory and it affected the economy and mainly, the small and medium enterprises.

Some problems must be solved by a huge cooperation between several governments and not in an independent way as it is happening in Europe.

An economy with sick people cannot work but it is necessary to deal with both problems simultaneously to avoid a collapse of small and medium companies.

**AWEE ABAYARI:** As a recognized economist, when do you think will the world get back to what it was before?

**CARLOS PUENTE, PhD:** Never. The pandemic 2020 has changed means of working, production and supply of strategic products mainly in the health and pharmaceutical sector, etc. Aside from that, now is a great challenge for innovation. Home working and distance learning will be adopted as a normal choice. Payments in cash will slowly be replaced by other means. Democracy and individual rights will be in danger due to the new systems of control. The Internet /networking will be a priority around the World.

**AWEE ABAYARI:** Are you optimistic about 2021 or will it take longer? What important lessons have we learned because of the Pandemic?

**CARLOS PUENTE, PhD:** The year 2021 will be a transition period to recover growth, jobs and trust in ourselves. Now, every country must produce strategic products for health and food supply for the population in the coming months because a great food crisis may happen.

**AWEE ABAYARI:** What is your Message to the world leaders and to the people around the world?

**CARLOS PUENTE, PhD:** This pandemic 2020 has shown that democracy is not the appropriate system to fight a huge social crisis and the behavior of politicians has shown they are inept to take the right decisions. A technical problem must be solved by technicians and experts and not by politicians elected under the principle of "one man, one vote". New ideologies will probably appear in Western countries and the USA will also suffer the effects of socialism that Europe has experienced in the past century. Freedom and individual rights are in danger if politics is played in the streets by the new left.



# Remembering one of Philippine’s Best Centurions: Connie Benemerito

Aug. 22, 1908- July 31, 2013

Consolacion Benemerito was born in Laoag City, Ilocos Norte to parents Antonio and Arcadia Espejo. Her only sibling Jose preceded her in death in 1980. Conching as she was originally called by her peers graduated at the University of the Philippines at the age of 21 with a degree in pharmacology. She opened her drugstore at age 21 with her dad’s help. Her drugstore Farmacia Espejo would last for 55 years. She was president of the Philippine Pharmaceutical Association in the Ilocos region for five years.

A widow at 35, she worked hard to send her two children to the best Catholic private schools. A son Raymundo died at the aged of 13 of meningitis, creating a lifelong anguish for her. A daughter Elvie(aka Gale Stoddard) sponsored her to come to America when she was 72 years old.

A familiar face in the Buena Park Senior Center where she took up advanced Spanish, excelled in Calligraphy classes, painting and



Connie Benemerito shown here with Former US Congressman Ed Royce.

ceramics. She was a member of the Buena Park Ladies Club, Buena Park Republican Assembly and she was the oldest member of the historic California Republican Assembly that accepted only four Filipinos. The other three are daughter

Gale Stoddard, grand daughter Leslie Stoddard and Filipino political activist Ed Duterte.

Her American friends called her Connie. She was a prayer warrior for 30 years at her parish St.Pius V Church where she spent hours praying for cancer patients, world peace and good health for friends and loved ones. A familiar face during Sunday Evening mass where she would greet parishioners with her usual greeting “Hello everyone, I’m still alive.” She did this till she turned 105.

Connie was given the monicker “Buena Park Icon” after she earned the title “Citizen of the year” by the Buena Park Chamber of Commerce. An Our lady of Fatima devotee she advised people to say the rosary and observe silence for it is in the silence of the heart God speaks. Son- in law Bill Stoddard and grand daughter Marianne Stoddard Townes preceded her. She left behind loving grandchildren Leslie, Gregg and Anthony as well as Grandkids Sarahi, Carter and Gregg Jr. Grandkids remember Abuela’s grandiose birthday celebrations attended by political superstars till she turned 104.

The current Buena Park mayor annually came to greet her on her special day with the Orange County Register covering the affair. Connie passed away three weeks short of her 105th natal day. Connie when last interviewed said “the happiest day of my life was when I became an American citizen at the age of 75.”

## HEALTHY LUNCH SUGGESTION

### Tuna Apple Salad Sandwich



Live up your lunch-time sandwich with a refreshing mix of tuna, apples, raisins, and walnuts.

Makes: 4 Servings  
Cook Time: 15 minutes  
Ingredients:  
• 1 apple (such as Fuji or Pink Lady

Washington)  
• 1 can 12-oz chunk light tuna (drained)  
• 2 tablespoons low-fat plain yogurt  
• 2 tablespoons reduced-fat mayonnaise  
• 1/2 cup raisins (or chopped figs)  
• 1/4 cup chopped walnuts  
• 1/8 teaspoon ground black pepper  
• 2 tablespoons chopped fresh parsley (optional)  
• 1/2 teaspoon curry powder (optional)  
• 8 leaves lettuce (Bibb, Romaine, green, or red leaf)  
• 8 slices whole-grain bread  
Directions:  
1. Cut apple in quarters; remove core and chop.  
2. In a medium size bowl, mix all salad ingredients, except tuna.  
3. Gently fold in tuna.  
4. Make sandwiches, using lettuce and whole-grain bread (toasted, if desired), and fill with tuna apple salad.

Serving Suggestions: Serve with an 8 oz glass of 100% orange juice.  
Source: Produce For Better Health Foundation

# Eating Healthy on a Budget

TIPS FROM PURDUE UNIVERSITY EXTENSION, NUTRITION EDUCATION PROGRAM



Eating healthy doesn’t have to be expensive. By using these tips you can make healthy choices while staying within your budget.

#### Create a Grocery Game Plan

- Before heading to the grocery store, get organized. Look in your freezer, cabinets and refrigerator. See what items you already have and save money by using them.
- Plan your meals and figure out what you need to buy. Think about ideas for healthy and low-cost meals based on foods your family enjoys and foods that are good buys.
- Make a grocery list. Try to buy enough for the whole week and save yourself a shopping trip.
- Think about your schedule. Choose meals you can make easily on your busiest days.

#### Shop Smart to Fill Your Cart

- Buy frozen vegetables without added sauces or butter.
- Use canned and frozen fruits and vegetables. They are a quick way to add fruits and vegetables to your meal.
- Buy “in season” fruits and veggies , but buy only what you can use before it spoils.
- Check the Nutrition Facts label to see the amount of fat, sodium and added sugars in the foods and beverages you choose.

- To lower meat costs, buy the family-sized or value pack, and freeze what you don’t use. Choose lean meats like chicken or turkey. Choose the 92% lean/8% fat ground beef.
- Eggs are low-cost option that’s easy to prepare.
- Always check the sell by date to make sure you’re buying the freshest dairy products.
- Choose rice and pasta for budget-friendly grain options.
- Drink water instead of buying sodas or other sugary drinks.

#### Prepare Healthy Meals

- Think smarter. Use these timesaver tips to cut your time in the kitchen.
- Organize your kitchen. Keep frequently used items such as cooking oils/sprays, spatulas, cutting boards and spices within easy reach.
  - Clear the clutter. Before you start cooking, clear off your counters.
  - Clean as you go. Fill up the sink with soapy water and wash the dishes as you cook.
  - Freeze leftover soups, sauces or gravies in small reusable containers.
- Keep it simple. Healthy and creative meals don’t have to be complicated. The simpler your menu, the less money and stress it will cost you in the end.

## INM Book Choice

### Success Through A Positive Mental Attitude

by Napoleon Hill, W. Stone

The bestselling self-help classic that has helped millions—promoting positive mental attitude as a key to personal success.

Your mind has a secret invisible talisman. On one side is emblazoned the letters PMA (positive mental attitude) and on the other the letters NMA (negative mental attitude). A positive attitude will naturally attract the good and the beautiful. The negative attitude will rob you of all that makes life worth living.

Your success, health, happiness, and wealth depend on how you make up your mind!

When motivational pioneer Napoleon Hill and millionaire CEO W. Clement Stone teamed up to form one of the most remarkable partnerships of all time, the result was Success Through a Positive Mental Attitude, the phenomenon that proposed to the world that with the right attitude, anyone can achieve his or her dreams.

### Home: A Memoir of My Early Years

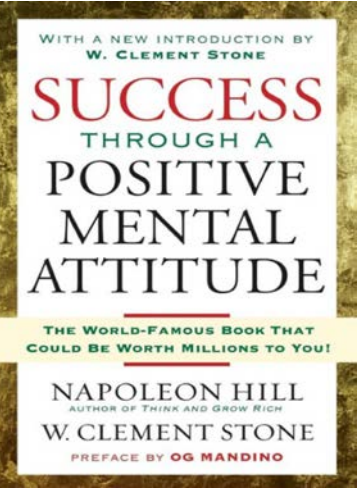
by Julie Andrews

Since her first appearance on screen in Mary Poppins, Julie Andrews has played a series of memorable roles that have endeared her to generations. But she has never told the story of her life before fame. Until now.

\*\*\*

In Home: A Memoir of My Early Years, Julie takes her readers on a warm, moving, and often humorous journey from a difficult upbringing in war-torn Britain to the brink of international stardom in America. Her memoir begins in 1935, when Julie was born to an aspiring vaudevillian mother and a teacher father, and takes readers to 1962, when Walt Disney himself saw her on Broadway and cast her as the world’s most famous nanny.

Along the way, she weathered the London Blitz of World War II; her parents’ painful divorce; her mother’s turbulent second marriage to Canadian tenor Ted Andrews, and a childhood spent on radio, in music halls, and giving concert performances all over England. Julie’s professional career began at the age of twelve, and in 1948 she became the youngest solo performer ever to participate in a Royal Command Performance before the Queen. When only eighteen, she left home for the United States to make her Broadway debut in The Boy Friend, and thus began her



Now this remarkable book is available for the twenty-first century. You, too, can take advantage of the program that has brought success to generations of people seeking -- and finding -- a better way to live.



meteoric rise to stardom.

Julie Andrews’ career has flourished over seven decades. From her legendary Broadway performances, to her roles in such iconic films as The Sound of Music, Mary Poppins, Thoroughly Modern Millie, Hawaii, 10, and The Princess Diaries, to her award-winning television appearances, multiple album releases, concert tours, international humanitarian work, best-selling children’s books, and championship of literacy, Julie’s influence spans generations.

This is the personal memoir Julie Andrews’ audiences have been waiting for.

## FUNDRAISING CAMPAIGN

For COVID Bayanihan Na! donations and ways to volunteer, visit the website. You may donate cash through the following accounts of PGHMF. Kindly submit a picture of your transaction slip (e.g. deposit slip) to this Viber Account “UP PGH COVID Bayanihan Na!” 0961 528 8292.



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## BLUE CAMPAIGN TO COMBAT HUMAN TRAFFICKING

Blue Campaign is a national public awareness campaign, designed to educate the public, law enforcement and other industry partners to recognize the indicators of human trafficking, and how to appropriately respond to possible cases. Blue Campaign works closely with DHS Components to create general awareness training and materials for law enforcement and others to increase detection of human trafficking, and to identify victims.

Located within the Office of Partnership and Engagement, Blue Campaign leverages partnerships with the private sector, Non-Governmental Organizations



(NGO), law enforcement and state/local authorities to maximize national public engagement on anti-human trafficking efforts. Blue Campaign's educational awareness objectives consists of two foundational elements, prevention of human trafficking and protection of exploited persons.

## Health update

### Strategies to prevent heart disease

By MAYO CLINIC STAFF

Heart disease is a leading cause of death, but it's not inevitable. While you can't change some risk factors — such as family history, sex or age — there are plenty of ways you can reduce your risk of heart disease.

Get started with these seven tips for boosting your heart health:

1. Don't smoke or use tobacco. Even if you're not a smoker, be sure to avoid secondhand smoke. Chemicals in tobacco can damage your heart and blood vessels. Cigarette smoke reduces the oxygen in your blood, which increases your blood pressure and heart rate because your heart has to work harder to supply enough oxygen to your body and brain.

2. Get moving: Aim for at least 30 to 60 minutes of activity daily. Regular, daily physical activity can lower your risk of heart disease. Physical activity helps you control your weight and reduce your chances of developing other conditions that may put a strain on your heart, such as high blood pressure, high cholesterol and type 2 diabetes.

Even shorter bouts of activity offer heart benefits. Just five minutes of moving can help, and activities such as gardening, housekeeping, taking the stairs and walking the dog all count toward your total.

3. Eat a heart-healthy diet. A healthy diet can help protect your heart, improve your blood pressure and cholesterol, and reduce your risk of type 2 diabetes. A heart-healthy eating plan includes: Vegetables and fruits, Beans or other legumes, Lean meats and fish, Low-fat or fat-free dairy foods, Whole grains, Healthy fats, such as olive oil

4. Maintain a healthy weight. Being overweight — especially around your middle — increases your risk of heart disease. Excess weight can lead to conditions that increase your chances of developing heart disease — including high blood pressure, high cholesterol and type 2 diabetes.

## Public Affairs with AWEE ABAYARI



#### TOPICS :

- Public Service • Education • Culture •
- International Affairs • Law and Justice • Environment •
- Housing • Employment • Health • Social Services •
- Transportation • Politics • Communications, etc. •

For questions:

radiotvanchor1@gmail.com • www.youtube.com/Awee Abayari



INTERNATIONAL NEWS MEDIA

## Be cautious of those who target others in vulnerable financial situations

With the economy and consumers feeling the effects of the unprecedented measures being taken to slow the spread of the coronavirus (COVID-19), the Department of Real Estate (DRE) would like to issue a warning to consumers in potentially vulnerable financial situations. Please remember the following in your real estate, mortgage, and rental transactions:

- Read all of your documents and never sign blank documents. Get advice from someone you trust before signing anything.

- If refinancing, watch for bait and switch tactics where you think you are getting a particular interest rate, and then the loan documents show a higher rate without a valid explanation.

- If you need help paying your mortgage, first contact your lender or loan servicer directly. The U.S. Department of Housing and Urban Development (HUD), [www.hud.gov](http://www.hud.gov) also offers free counseling services. Remember, it is illegal

for anyone to ask you for a fee in advance to help with your home loan modification.

- If you need help paying your rent, first contact your property manager or landlord directly. Other governmental agencies you can contact include HUD, Department of Social Services, and local county entities.

- If you are looking for a place to rent and want to buy a list of available rentals, ensure the company is going to give you a refund if you do not get a list of three available rentals that meet your needs. Even then, make sure that the company is licensed with DRE by searching here: <http://secure.dre.ca.gov/publicasp/prls.asp>.

- If you have to send funds by wire transfer or electronic funds transfer, confirm instructions through a valid contact you already have. Cybercriminals often take on the identity of legitimate parties to your transaction and may try to change the fund transfer instructions.



tions. If you can, make payments in person using a cashier's check or money order. Refer to our consumer alert about fraud in wire and electronic funds transfers for additional information.

- Make sure the people you are working with are properly licensed. Real estate agents, mortgage loan originators, loan modification and foreclosure rescue consultants, and property managers must all be properly licensed by the State in order to work with you.

### DRIVING TIPS

#### Dangers of driving into sun



Driving on a beautiful sunny day can provide stunning scenery, but it can also create a hazard if the driver's view is compromised by a glaring sun.

Just after sunrise and before sunset the sun can shine directly into drivers' eyes, leaving many motorists driving with a glare. This glare can make it much harder to see the road ahead and potential hazards creating an added risk to drivers. When sun glare is an issue slow down and use extra caution especially while driving through school zones.

So how can you protect yourself? AAA offers these tips for motorists when driving into the sun:

- Invest in polarized sunglasses — they can help reduce glare.
- Utilize your sun visor — it can help to block out the sun.
- Leave more following room — when the sun is in your eyes it can be hard to see what the car ahead is doing.
- Drive with your headlights on to increase your visibility to other drivers
- Keep your windshield clean
- Check your windshield for pitting and cracks
- Avoid storing papers or other items on the dashboard
- If having a difficult time seeing the road, use lane markings to help guide you.



American Cancer Society®



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## Student loan relief to borrowers extended through end of year

WASHINGTON — Acting on President Donald J. Trump's Presidential Memorandum signed August 8, 2020, U.S. Secretary of Education Betsy DeVos has directed Federal Student Aid (FSA) to extend the student loan relief to borrowers initiated by the President and Secretary in March 2020 through December 31, 2020.

All borrowers with federally held student loans will have their payments automatically suspended until 2021 without penalty. In addition, the interest rate on all federally held student loans will be set to 0% through the end of the calendar year. Borrowers will continue to have the option to make payments if they so choose. Doing so will allow borrowers to pay off their loans more quickly and at a lower cost.

This action extends the actions taken by Secretary DeVos at the start of the national emergency and maintained under law by the CARES Act, which allow borrowers to temporarily defer their payments without accruing interest.

## AN APPEAL FROM COLEGIO DEL SAGRADO CORAZON DE JESUS

As we mark the 103rd Foundation Anniversary of COLEGIO DEL SAGRADO CORAZON DE JESUS, we acknowledge with deep gratitude the abundant blessings that God has showered on the entire SAGRADO FAMILY throughout the 102 years of its existence.

Despite the ups and downs of SAGRADO's history, it has maintained its mark of Vincentian Excellence through its enriched and up-to-date curriculum programs, dedicated and competent faculty, state-of-the-art learning facilities and strong community outreach program being the first PAASCU Level 3 accredited school (Basic Education Department) in Iloilo City. It is our ardent HOPE and PRAYER that this DREAM will continue to be actualized through Sagrado's enriched and up-to-date curricular programs, dedicated competent and academically qualified faculty, state-of-the-art learning facilities and strong community outreach program.

Once again, we turn to you to support us in our various continuing endeavors and projects. We know that as our loyal ALUMNA/ALUMNUS, you will not close your heart to this appeal. Please extend this also to your families, relatives, alumni batchmates and friends who, like you, have room in their hearts for CARING and SHARING "til it hurts" — for LOVE!

Only GOD, who is never outdone in generosity, can REWARD YOU for everything. We entrust you and your family to the Most Sacred Heart of Jesus and the special protection of Our Lady of the Miraculous Medal, and all our Vincentian Saints and Blessed.

Lovingly and gratefully in Jesus and Mary,  
SR. ELVIRA G. CORREA, D.C.  
Registrar/Alumni Adviser

SR. MA. ASUNCION G. EVIDENTE, D.C.  
President — Sister Servant

#### HELP US BUILD A BRIGHTER SAGRADO

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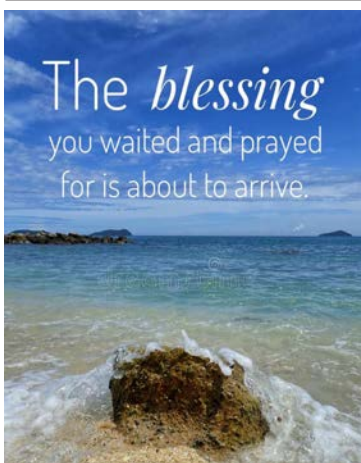
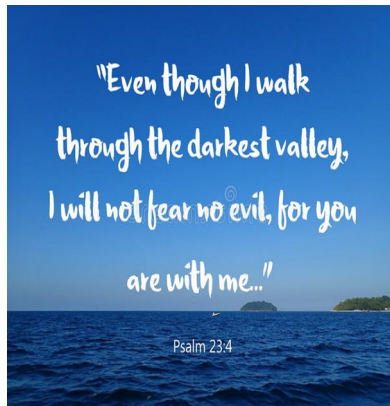
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## Spiritual Corner



## The IOC and Procter & Gamble announce extension to their worldwide Olympic partnership through to 2028



In a first-of-its-kind, citizenship-driven partnership, P&G and the IOC pledge to take action to make progress in key areas: equality and inclusion, environmental sustainability and community impact.

- Athletes for Good Fund established to grant support for athlete causes that are advancing important work with shared values
- Agreement encompasses global rights to the IPC and Paralympic Games for the first time
- At One Year to Go mark, P&G launches new film series The Measure of Greatness, which celebrates Olympic and Paralympic athletes and hopefuls leading with love. - IOC

## GOOD MANNERS



## DoT Celebrates as Palawan Reclaims "Best Island in the World" Citation

The Department of Tourism (DoT) celebrates the hailing of Palawan as the Best Island in the World by the renowned travel publication, Travel + Leisure.

"Palawan reclaimed its rightful place in the World's Best Awards. The citation as the Best Island in the World is all the more important because this is voted upon by the readers of the prominent Travel & Leisure magazine," said Tourism Secretary Bernadette Romulo-Puyat, who recently checked the readiness of the island to spur tourism recovery in the region.

The island dubbed "Philippines' last frontier" first earned recognition as the magazine's Best Island in the World in 2013 before being honored back-to-back last 2016 to 2017. This year's World's Best Awards survey closed on March 2, just before widespread stay-at-home orders were implemented as a result of COVID-19. Hence, results reflect the experiences of Travel + Leisure readers before the pandemic.

Travel + Leisure writer Sara Clemence said, referring to four-time World's Best Island Palawan, "though it's difficult to reach from many parts of the world, once travelers get there they can dive in World War II wrecks, explore old-growth rain forests, and paddle one of the world's longest subterranean rivers at



Puerto Princesa".

"The landscape and scenery are just gorgeous. It offers the most beautiful beaches, resorts, and scenery anywhere," the travel magazine quoted a fan describing Palawan.

Palawan garnered a very high score of 94.83, way above the second-ranked island which got 90.55.

Home to the world-renowned Puerto Princesa Underground River, and pristine beaches that boast of powdery white sands, Palawan, and its beaches and resorts have gained global recognition, bagging citations

from prestigious publications such as CNN Travel, Condé Nast Traveler (CNT), TripAdvisor, and travel awards programs including the World Travel Awards and World Luxury Hotel Awards, among others. Another popular destination in the Philippines, Boracay, made it to No. 14 in T+L's World Best Island list and fifth in Asia this year. More recently, the Hidden Beach in El Nido, Palawan was named among The 30 Best Beaches in the World by CNT.

Source: Travel + Leisure | The Top 25 Islands in the World [www.travelandleisure.com/worlds-best/islands](http://www.travelandleisure.com/worlds-best/islands)

## County Commission approves Resorts World Las Vegas' passenger station and underground tunnel to connect with Las Vegas Convention Center Campus

LAS VEGAS – On August 5, Resorts World Las Vegas, the US \$4.3 billion resort scheduled to open in summer 2021, received an approval by the Clark County Commission necessary to move forward with constructing the resort's passenger station and tunnel that will connect to the Las Vegas Convention Center campus via Elon Musk's innovative transportation system. This new tunnel project will swiftly transport passengers between the city's newest integrated resort and the Las Vegas Convention Center (LVCC) via underground tunnels in all-electric Tesla vehicles in under just two minutes.

"We are thrilled to receive approval from the County Commission to move forward with our proposed passenger station and tunnel and are eager to take the next steps in creating an innovative transportation solution for our convention guests and visitors," said Scott Sibella, President of Resorts World Las Vegas.

The decision comes after land-use application and design plans were submitted for the tunnel and passenger station to the Board of County Commissioners on June 1. Marking an important milestone, the decision moves the landmark project into the next phase of the permitting process. Construction is anticipated to begin by the end of this year.

The Resorts World Las Vegas passenger station will offer direct access to the heart of the resort's dining, retail and nightlife offerings, as well as convenient access to the Las Vegas Strip.

## ROAD TO THE MIRAGE IN LAS VEGAS RENAMED 'SIEGFRIED & ROY DRIVE'

LAS VEGAS – Their names lit up The Mirage marquee for nearly 14 years. Now their names will lead guests into the resort forever.

As The Mirage reopens its doors to the public today, guests will turn off the Las Vegas Strip onto Siegfried & Roy Drive when they arrive at the property. The street was officially renamed for the Masters of Illusion, who were known the world over for their record-setting performance run at the resort from 1990-2003.

Roy Horn died earlier this year, at the age of 75, due to complications from Covid-19.

"I'm touched by this honor and I know Roy, if he were here, would love to see our names permanently placed above The Strip," said Siegfried. "The Mirage was our performance home for so many years and this city has always meant so much to both of us."

The new street name was unveiled in conjunction with the reopening of The Mirage after a five-month closure due to the global pandemic.

MGM Resorts CEO Bill Hornbuckle, said, "Siegfried & Roy helped us launch The Mirage and it is fitting their legacy helps us reopen today. Their incredible show played a tremendous role putting The Mirage on the map. Today, we put them on the Las Vegas map, forever."



The Mirage pays homage to the legacy of Siegfried & Roy as it reopens to the public.

Reopening with the resort is Siegfried & Roy's Secret Garden and Dolphin Habitat, which features more than two dozen rare and endangered big cats and dolphins.

Days and hours of operation at all venues will vary. For a full listing of The Mirage's available amenities, please visit [mgmresorts.com](http://mgmresorts.com). Complimentary self-parking is available for guests; valet parking is not operational at this time.

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# + The Star Spangled Banner +

O say can you see, by the dawn's early light,  
What so proudly we hail'd at the twilight's last gleaming,  
Whose broad stripes and bright stars through the perilous fight  
O'er the ramparts we watch'd were so gallantly streaming?  
And the rocket's red glare, the bomb bursting in air,  
Gave proof through the night that our flag was still there,  
O say does that star-spangled banner yet wave  
O'er the land of the free and the home of the brave?

On the shore dimly seen through the mists of the deep  
Where the foe's haughty host in dread silence reposes,  
What is that which the breeze, o'er the towering steep,  
As it fitfully blows, half conceals, half discloses?  
Now it catches the gleam of the morning's first beam,  
In full glory reflected now shines in the stream,  
'Tis the star-spangled banner -  
O long may it wave  
O'er the land of the free and the home of the brave!

And where is that band who so vauntingly swore,  
That the havoc of war and the battle's confusion  
A home and a Country should leave us no more?  
Their blood has wash'd out their foul footsteps' pollution.  
No refuge could save the hireling and slave  
From the terror of flight or the gloom of the grave,  
And the star-spangled banner in triumph doth wave  
O'er the land of the free and the home of the brave.

O thus be it ever when freemen shall stand  
Between their lov'd home and the war's desolation!  
Blest with vict'ry and peace may the heav'n rescued land  
Praise the power that hath made and preserv'd us a nation!  
Then conquer we must, when our cause it is just,  
And this be our motto - "In God is our trust,"  
And the star-spangled banner in triumph shall wave  
O'er the land of the free and the home of the brave.

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+ Complete version of "The Star-Spangled Banner" showing spelling and punctuation  
from Francis Scott Key's manuscript in the Maryland Historical Society collection +